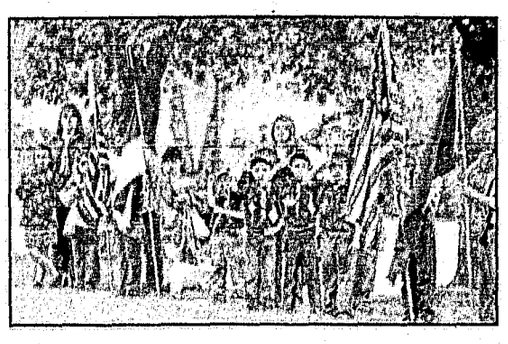

Bethel Memorial Day observance

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MAY 29 2014

The Bethel Citizen

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Serving Bethel and neighboring communities in the mountains of western Maine

Brenna Diaz with her message in a bottle. *Cherri Crockett*

Messages in a bottle making the rounds on North Pond

By CHERRI CROCKETT

Children may think differently about helping their parents with yardwork after learning that six-year-old Brenna Diaz found a message in a bottle, along with a dollar bill, while helping her dad clean up their waterfront property recently on North Pond in Woodstock.

"I saw the bottle and when I picked it up I saw a note inside," said Brenna. "I told Dad, but he didn't really believe, so I showed him."

Each spring the Diaz family does their part in cleaning up the waterfront and this year there was a little added excitement when a duct-taped-sealed water bottle floated up on their shoreline.

Inside the bottle was a letter from a child named Gaffney, and it said, "Hi, My name is Gaffney. I am 6 years old. Please don't tip over on your boat if you have a boat. We have a camp on North Pond. If you found this note you can answer this note and send it back in the bottle so I can find it. Yours truly, Gaf (for short)."

Someone did find the bottle before Brenna and did exactly that, with the reply, "Gaffney, We are staying on North Pond ... We go to Bryant Pond Baptist Church on Sunday. They have a class for children there. We love Jesus and hope you will/do, too! For God so loved the world, Gaffney, that He gave His only begotten son, Jesus, that whosoever believeth in Him should not perish, but have everlasting life in Heaven with Him! John 3:16 Love, Mrs. T---."

While Brenna isn't quite sure what she's going to do with the dollar she found inside the bottle, she does agree with her mom that once this story goes to print, they're going to seal it inside the bottle with the other two letters and send it back on its travels by placing the bottle back in North Pond.

Brenna's mom and dad, Rebecca and Rich, agree that it's a really neat thing to come upon, and that it wasn't just another piece of trash someone had thrown out. What's even more exciting, they said, is that Mrs. T shared a Bible verse in her letter, and Brenna and her sister, Stella, currently attend Bethel Alliance Church and are learning about Jesus.

"This bottle brought a lot of excitement into our home," said Rebecca. "I'm excited to see where it may turn up next."

If you do find the bottle, please don't discard it. Enjoy the notes in the bottle, add yours and send it back on its way. Let's see if the bottle will find Gaffney this summer.

Community layout can affect fitness

By AMY CHAPMAN

About 90 people attended last week's Western Maine Active Communities Conference at the Bethel Inn, focusing on ways to integrate opportunities for physical activity into community planning, transportation, and land use decisions.

Presenters discussed ways to improve overall community health, safety, economic prosperity, and academic performance by creating safe, user-friendly routes that encourage people to walk or bike to school, to work, and on errands.

Abby King, Community Outreach Coordinator for the Bicycle Coalition of Maine (BCM), introduced keynote speakers Brendan Schauffler, Active Community Environment Coordinator for Healthy Oxford Hills, and Carl Costanzi, coordinator of the Let's Go! program for Western Maine Health.

"We have a choice—we can build communities that work against us, or for us," Schauffler said.

"As a nation, we are getting heavier and heavier, and one of the reasons is that we're not getting as much physical activity as we need."

The cost of that lack of physical activity can be measured in economic terms: a National Governors Association report showed that in 2006, health-care costs related to obesity cost every Maine taxpayer $177.

According to the report, if just one in ten adults had started a walking program that year, taxpayers would have saved $33 million.

"As a nation, physical inactivity costs us $587 billion each year," in direct health care costs and loss of worker productivity, Schauffler said.

"The ultimate cost, though, isn't economics. It's that lives are being cut short every year by people not getting the activity that they need. A lot of the leading causes of death have a high correlation with physical inactivity, including certain types of cancer, heart disease, lower respiratory disease, and diabetes."

Beginning with the post-

See FITNESS, Page 4

Selectmen candidates: Why they're running

Four candidates are running for two selectmen's seats in Bethel, in a vote scheduled for June 10. Incumbents are Pat Carter and Lloyd Sweetser, and challengers are Aaron Crockett and Gabe Perkins. The Citizen asked them to respond to questions about their candidacy:

1) Why are you running, and what do I see as important issues coming up for Bethel in the next 3 years?

I am running for another term as selectman in order to take part in the completion of the Comprehensive Plan and see to it that Bethel's Highway Department has what they need to implement the brining process for our roads. Since ice storms appear to be in our future we need to be ready for them. The state uses this method as do other communities. We need to prep our roads prior to the storms so the ice can not build up causing ice pot holes, unsafe driving conditions, wear and tear on our personal vehicles as well as the town equipment. Once in place this sys-

Pat Carter

See SELECTMEN, Page 5

After questions, SAD 44 budget passes first step

By ALISON ALOISIO

Only about 40 people turned out for the annual SAD 44 budget meeting Tuesday, but they asked plenty of questions before easily approving the FY'15 general fund budget of $10.5 million.

Next up is a June 10 validation vote at the polls in individual towns for final approval.

The budget includes an increase in the overall local funding of almost $400,000. Part of the increase is attributable to a drop in tuition revenue of $105,000.

Supt. Dave Murphy told voters that SAD 44 is one of the biggest receivers of tuition students in the state.

As residents began to take up the 18 articles on the warrant, Al Cressy of Bethel asked for an update from Murphy on "data mining" plans he had outlined last spring after SAD 44 schools received some poor grades on the state grade report.

Murphy said then the scores and information from tests used in compiling the school letter grades would be used to find ways to improve student performance.

Only three weeks after that, he said, the district had the opportunity to apply for a $5 million, 5-year grant under the Maine Schools for Excellence, Teacher Incentive Fund (TIF) grant.

"We saw it as a vehicle to improve," he said. "We chased that hard."

After receiving the grant, he said, teachers focused on developing student learning objectives and and used the data to develop goals for this school year.

"Without a doubt there's been more emphasis on data use than before," he said.

Cressy also asked about SAD 44's costs per student. Murphy said the district is higher than some and lower

See SAD 44, Page 4

Taking the anxiety out of dental work

By ALISON ALOISIO

Faced with the statistic that 57 percent of people don't seek dental care - most of them out of fear - Dr. John Mason of Bethel has found a way to get around dentist phobia.

Three months ago he started utilizing 'sedation dentistry,' which he offers in a special treatment suite at his office. There, patients can receive moderate sedation and come away without bad memories.

In fact, he said, often they come away with no memories at all.

"It's not uncommon for people to call the next day and apologize for missing an appointment," said Mason.

Despite that, he said, the patient does not lose consciousness during the procedure. They are just in a deeply relaxed state.

Mason has for some time used mild sedatives, like Valium, for anxious patients. But going to the next step with moderate medication, he said, is actually statistically safer because he and his staff can monitor the patient's vital signs throughout the dental procedure.

He said most people who are anxious about going to a dentist don't feel that way because of personal experience. It's usually because of stories they've heard from someone else. And quite often, said Mason, people who are fearful also need a lot of dental work because they have avoided it for so long.

The moderate sedation allows Mason to accomplish a lot in one session.

"It's amazing what we can get done in four hours," he said.

Mason and the staff are licensed by the state to administer the medications. The procedure starts the night before, when the patient is instructed to take a mild sedative at home. On arrival at Mason's office the next morning, a moderate sedative is given orally, the vitals monitored and adjustments made if needed. Patients receiving novocaine are also given a brief dose of nitrous oxide gas to boost the sedative effect momentarily, just before the

See DENTAL, Page 3

Telstar Regional High School
Class of 2014 Commencement Schedule

Tuesday, June 3, 2014 – 7pm
Senior Scholarships Night
Helen C. Berry Auditorium

Thursday, June 5, 2014 – 12:30pm
Senior Academic Awards/Last Assembly
Helen C. Berry Auditorium

Thursday, June 5, 2014 – 7pm
"A Coming Together"
Helen C. Berry Auditorium

Friday, June 6, 2014 – 7pm
Commencement Exercises
Lower Athletic Field
(Inclement Weather-Gymnasium)

It's the best deal in Bethel...
Taps & Apps - $2 drafts & 1/2 price appetizers

The Millbrook Tavern & Grille
Comfortable Tavern, Terrace & Outdoor Seating
Open daily at 11:30am for lunch, dinner & late for cocktails
Live Music - Friday: Shawn Tooley Saturday: Jim Gallant

Breakfast in the Main Dining Room
Start your day with us!
Midweek, enjoy our hearty continental breakfast with our full buffet available on weekends.

Taps & Apps	Mexican Night	Golf Leagues
Every day, $2 drafts & ½ price appetizers from 4pm – 6pm.	*Every Thursday night in the Tavern* Authentic Mexican, over 30 entrees and the best margaritas in Bethel.	*Our weekly leagues have begun! 5pm start, call the Golf Shop to register.* Wednesday: Ladies League Thursday: Men's League *All Are Welcome!*

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Letters

TIF WORKSHOP THANKS

To the Editor:

The Telstar Middle School Staff would like to extend a very sincere thank you to the volunteers from the TMS PTA who provided such a wonderful luncheon for the staff during our recent TIF Workshop Day in honor of Teacher Appreciation Week. The staff was treated to a bountiful meal, and the gift cards were more than generous.

It was a special treat to be able to share lunch together as a staff which during the regular school day is never an option. We are all very appreciative of the support and recognition shown and are very proud of the efforts our new PTA has made this year on behalf of our school. From all of us to you, we want to say 'Thank You!'

Mark Kenney and Lindsay Luetje
TMS Communications Team

A LAUNDRY LIST OF TALKING POINTS

To the Editor:

I don't believe I have ever read such a laundry list of liberal democrat talking points in my life. Conservatives only care about the wealthy, conservatives don't care about the down trodden, conservatives are racist because we don't like Obama, conservatives are just looking for something to pin on the Obama administration...really Don Chase?

How about the Black Panther voter intimidation in Philadelphia? Or maybe the fact that our Attorney General Eric Holder has been found in contempt of Congress? A fact that he's chosen to ignore, by the way. How about the federal border agent that was shot to death because of Holder's participation in "Fast and Furious?" How about the IRS targeting conservative groups and making it almost impossible for them to do business? Maybe Mr. Chase is offended that four Americans were killed in Benghazi and we can't find out why no help was sent...why was a silly video blamed and where was the president at the time? And for just one more... why are veterans dying because the Veteran's Administration is fudging records and not giving them the care they deserve?

Does any of this stuff offend Mr. Chase, or does he continue the stance of, "Move along folks. Nothing to see here. Just a little bump in the road. Just a bunch of conservatives trying to make trouble for the Democrat Party. You know how they are, those evil conservatives. They don't care about anybody but themselves."

So I would suggest that he answer the above questions before he takes on the conservatives and maybe he could do it so most of us could understand what the heck he was talking about. When I was a young man, I had bands that played all over the Boston area. Because we were Boston bands, I got to play with a lot of Berkley graduates. They were marvelous musicians. I would however, from time to time, have to remind them, "I know you can play as though you have 12 fingers but it isn't necessary. The dancers on the floor don't care about that." Now, as he and I know, when you live long enough, and we both have, you get to learn a lot of words but there is nothing that says we have to use them all at once.

Harry Faulkner
Bethel

MAINE DEMOCRATS PROFLIGATE SPENDING HABITS

To the Editor:

Former British Prime Minister, the late Margaret Thatcher once said, "Socialism only works until you have spent all of everyone else's money." Our own liberal democrats are to all appearances leading us all down the path toward socialism. They are hell bent on spending everyone else's money, including our grandchildren's, as evidenced by our federal debt, now in excess of $17.5 trillion (that's Trillion with a capital T) and growing every day.

Not to be outdone, Maine's democrats keep trying to spend more, but have so far been somewhat restrained by Governor LePage's vetoes and the Maine state constitution. There are always more "needs" than money to pay for them. As election time approaches, the cries for more money become more strident, and republicans are painted more and more heartless because they resist more needless spending.

I refer you to a "guest column" in the C section of the Lewiston Sun Journal, Sunday, May 4, 2014, entitled "A dose of Reality to Counter the Liberal Hysteria," by Stavros Mendros. This column addresses the Maine Legislature's democrats' effort to extend Maine Care to childless adults up to 138 percent of the poverty level. In part, Mendros says, "Maine hospitals already extend it to people up to 175 percent of poverty. So absolutely no one will be helped by the extension of Maine Care [to those] who is not already covered by the hospitals as part of their requirement for nonprofit status."

In the interest of brevity here, I recommend you read the referred article for full details. This is but one example of liberals throwing money at problems without regard for positive results, or lack of them, achieved.

Richard Grover
Mason

SHY, NOVICE & CLOSETED ART SHOW CELEBRATES 10TH YEAR

To the Editor:

This coming July 5, the Shy, Novice & Closeted artists of the Bethel region will bravely show their works of art at 18 High Street, directly behind Key Bank. The Shy, Novice & Closeted Art Show is a low key, low pressure event which provides the opportunity and encouragement for you to show your work(s) of art. All ages, all mediums, and artist of all skill levels are accepted. To participate, please visit www.shynovicecloseted-artshow.com, or contact Janet Willie (207) 824-3889 or janetwillie@yahoo.com.

This year's Shy, Novice & Closeted Artisan's Soiree will be held Friday night, July 4, beginning 7 p.m. This being our tenth year, we are wondering if there is a shy, novice and/or closeted musician or band that would like to play, adding to the merriment of our 10th anniversary celebration.

Art is an essential nutrient of life!

Janet Willie
Bethel

SUPPORT THE BETHEL LIBRARY

To the Editor:

Many volunteers are busy this season making sure that the Bethel Library continues to provide the surrounding area with high quality services and programming. This coming weekend features a couple of opportunities for you to support this important resource in our community. Saturday, May 31, is the annual Plant Sale, held rain or shine on the library lawn at 9 a.m. sharp. You are sure to find just the right plant to brighten up your corner of the world. This event also marks the kickoff to the popular Bethel Library Dining Raffle. Here's the scoop:

You can purchase one ticket for $2 or three for $5, each good for a chance to win one of three dining packages at several fine local eateries. Three winning tickets will be drawn at the Harvest Fest this September. Look for ticket sellers at the Plant Sale and throughout the coming season at the Bethel Art Fair, Mollyockett Day, and outside the Bethel Foodliner to name a few. We are incredibly grateful to the following businesses for their generous donations to this raffle: Mill Hill Inn, Funky Red Barn, Pat's Pizza, Camp and Grand Ave. Restaurants at Sunday River, Gourmet in a Pinch, 22 Broad St., Rooster's Roadhouse, Bethel Inn, Black Diamond Steakhouse, Smokin' Good BBQ, Good Food Store, Cho Sun, S.S. Milton, Inman's Diner, Sudbury Inn, Kowloon Village, Sunday River Brew Pub, Jolly Drayman, and Crossroads Diner.

Don't miss out on your chance to win some great meals. As always, thank you for your support of the Bethel Library!

Martha Siegel
Bethel Library Dining Raffle Committee

REMEMBERING EDNA YORK

To the Editor:

The recent passing of Edna York brings to mind many memories of good times and not a few instances of humorous occasions. Edna was thoroughly positive during her 104+ years and what a remarkable example of living life to the fullest she represented to all who had the privilege of knowing her. As a mother, grandmother, wife, teacher, mail carrier, organist, businesswoman, librarian – among many roles – she exemplified good sense and high standards.

I got to know her after her return to Bethel when she became one of the Bethel Historical Society's most active volunteers as a guide in the museum and assisting with monthly meetings, serving refreshments and providing piano music whenever necessary.

As president of the Bethel Library board when she worked as a librarian, I once kidded her about running a "massage parlor" as participants in a massage course appeared at the library with all their mats and blankets and ventured upstairs. She took it well as usual and we laughed about it for years afterward.

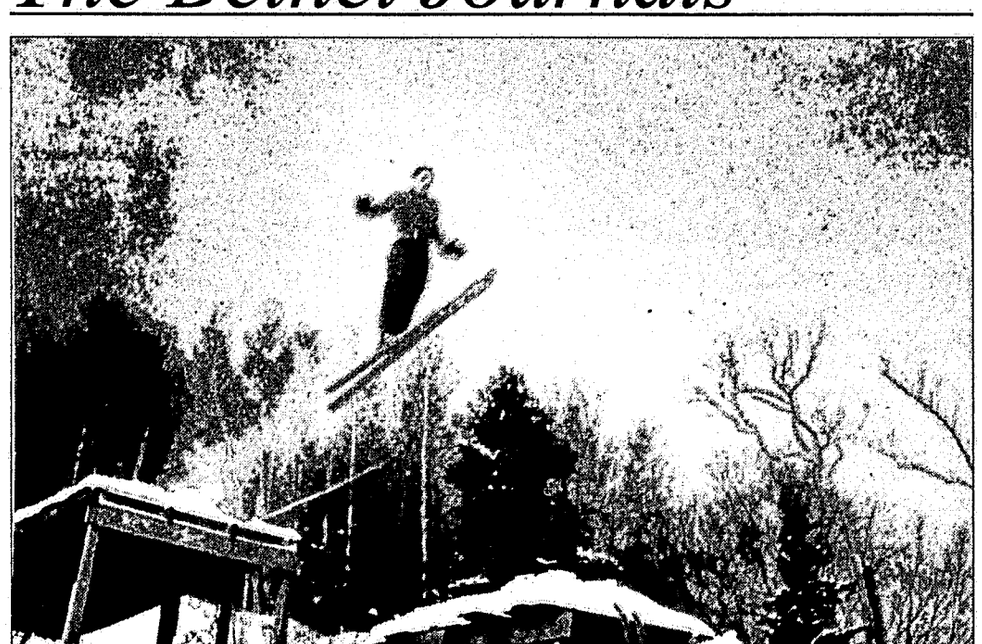
In 1998, Edna was selected to receive the Society's Noll Award for outstanding volunteer service. It was supposed to be a surprise, so all seemed to be in order as then President Walter Hatch prepared to make the presentation. Edna was apparently anxious to go home after playing the piano for the annual meeting. My eye caught her just in time attempting to slip out of the Grange hall where the meeting and program were being held. Fortunately, my timing was "right on," and she was halted long enough to receive the award and hear President Hatch's summary of her outstanding service. Once again, Edna and I humorously recalled that "near miss" every so often whenever I visited with her.

For several years, Edna was the "star" of one of our Grange projects: the hosting of the East Bethel School Reunion. She was the first teacher of the "new" East Bethel School built by her father H.I. Bean in the late 1920s. Those who attended this reunion were always impressed with the fact that the first teacher in this building was still alive when so many of her former students (including my father) were no longer with us. Following the long tradition of currying favor, I always presented her with a bright red apple to which she responded, "It is not going to do you any good; you still flunk."

So I will always recall Edna with her humor and as a sterling example of a long life so well lived!

Stan Howe
Bethel

The Bethel Journals



The Gould ski jump at Swan's Corner in Bethel. *Alumni Office/Gould Academy*

Ed. Note: Succeeding "Celladore" will be a series of historical descriptions and photos from The Bethel Journals. The Journals are compiled by Donald G. Bennett, who also writes a Bethel town column for the Citizen. The series will include places, events and biographic sketches of personalities from the period of 1890 to 1940, and will appear whenever space is available.

The Citizen is grateful to Don for sharing these stories. To read more on The Bethel Journals, go tohttp://www.thebetheljournals.info/.

Ski Jumping at Swan's Corner: "First Sunday River Ski Area"

In the early-mid 1940s, Gould Academy acquired land that was part of the Locke-Swan farm. Eva Bean wrote that the Sunday River Ski Jump was part of the original Harvard College land in Sudbury Canada.

The late Ruel Swain, who graduated from Gould in 1944, said that lots of wheel barrow and shovel work was needed to turn the slope into a ski jump, landing and giant slalom course for high school competition. The area along the river to the Newry line was known as "the Alps". The "First Sunday River Ski Area" continued in use until the "Second" Sunday River ski area on the side of Barker Mountain was opened to Gould ski teams for practice and competition. Gould ski team members skied at the Sunday River/Swan's Corner ski area for at least 15 years and maybe longer. As late as the 1980s recreational skiers used the jump slope and landing.

As a ski area, it had advantages over the academy's earlier ski trails and jumps—the most important factors were length and angle of the slope's fall-line. Reached easily by cars and buses, it had good spectator parking along the road and was only three miles from the academy campus. Skiers or other volunteers had to "groom" the trails by side-step packing them plus the take-off and landing of the jump. At first, there was no tow or lift. Skiers had to hike to the starting point. But as Roger Adams pointed out, later a rope tow lift gave new life to jumping.

Before the Swan ski property was used, Gould had established a ski area for downhill/slalom/giant slalom and jumping at the

See Journals, Page 6

The Bethel Citizen

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Our Back Pages

By Danna Brown Nickerson

10 years ago: The Mahoosuc Land Trust received a $5,000 grand from the Davis Conservation Foundation to go toward the fundraising for the acquisition of the Frenchman's Hole property.

Franklin Grange 124, Bryant Pond, presented a Mock Hee-Haw Show.

Lee Swan was honored at an 80th birthday open house at Bear River Grange Hall.

Deaths: Reilly M. Reynolds, Sherry Rose.

20 years ago: The Bethel planning board voted 6-1 to approve plans for the DeMarco professional building on lower Main Street.

More than 300 people turned out for the vote on the SAD 44 FY '95 budget, passing the $7 million budget 3 to 1.

Births: Nicole Collene Amidon, Jiselle Ashley Howe, Cody Wilson.

Deaths: David H. Bodwell, Melissa Swan, Keith T. Grover.

30 years ago: Edna York, Mary Valentine and Arlene Brown provided piano music during the two hour celebration of Moses Mason's 195th birthday at the Moses Mason House.

D.W. McKeen's Lodge was open for the summer season with dancing and entertainment Friday and Saturday nights.

Birth: Heather Jeannine Fleet.

Deaths: Mrs. Geneva M. Loring, Mrs. Jean Dunning, John E. Grover, Cecil F. Conrad.

40 years ago: A group of local business and professional men were making plans for the organization of a Rotary Club in Bethel.

Mr. and Mrs. Reginald Brown were given a housewarming at their home on Vernon Street.

Death: Mrs. Alma Whitman.

50 years ago: Over 500 boys and teachers were in attendance at the spring camporee of the Abnaki District of the Pine Tree Council, Boy Scouts of America, held at Greenwood City.

Pupils of Susan Farrar presented a variety show, "Manhattan Towers" at Odeon Hall.

Births: Chris Bernard Akers, Kevin Allen Gould, Becky Sue Jodrey.

Death: Mrs. Laura Dinsmore.

60 years ago: Numerous people in the area, including Hugh Chapman, Juddy Howe, Mrs. Hazel Newell, Dickie Waldron, and Cheryl Douglass, were ill with the mumps.

Six-month-old Robert Lowell, son of Mr. and Mrs. Frank Lowell, was at CMG hospital suffering from asthmatic bronchitis.

Births: Peggy Joan Harrington, Ralph Chester Thurston.

70 years ago: Owing to extreme fire danger from continued drought the state of Maine closed its forests until weather changes altered the situation.

The planer mill of P.H. Chadbourne & Co. was threatened by fire. The crew controlled the blaze.

Deaths: Orlando W. Robbins, Harry F. Carter.

80 years ago: New location for the road east of Alder River Bridge was surveyed.

The Rev. Cornelius Clark, pastor of the Woodfords Congregational Church, delivered the baccalaureate address at Gould's 98th commencement.

Death: William Sheffield.

90 years ago: Raymond Chapman, Gould 1922, was awarded first prize in the Maine Intercollegiate Short Story contest which was open to all college students in Maine. Chapman was attending Bates.

Elwin Wilson delivered an impressive memorial address at exercises in Odeon Hall.

Death: Howard Cushman.

100 years ago: H.F. Thurston's mill in North Newry, as well as a considerable supply of dowel stock, was destroyed by fire.

Mr. and Mrs. W.D. Kilgore were in charge of Poplar Tavern, North Newry.

Deaths: William Oscar Brown, Solon Hastings Davis.

MAY 29 2014

Newry planners sort out conflict of interest issue

By TERRY KARKOS/Sun Media Wire

At last Wednesday's Newry Planning Board meeting, members deemed the application for Sunday River Ski Resort's proposed one-lot subdivision near Summit Hotel as incomplete.

They want resort engineer Joe Aloisio to create a pictorial view of a proposed road through the hotel's back parking lot and under a chairlift to reach the lot, planned stop signs for the road at intersections with other roads and pavement painting for a crosswalk and walkways.

They also asked him to make a future maintenance plan for the road, but unanimously granted a waiver on road frontage.

But before the board could discuss the application, they had to first settle a potential bias issue amongst themselves.

Chairman Pat Roma said he learned earlier from Newry Administrator Loretta Powers that Sunday River's attorney bypassed the Planning Board and contacted Newry's attorney asking that three Planning Board members recuse themselves from considering and voting on the project because they own timeshare units at the resort. He also shared concerns about the town's road frontage requirement.

Roma said there are actually four Planning Board members who own timeshare units at the resort. If all four recused themselves, the board would lack a quorum to consider the application.

Newry's attorney recommended that the four Planning Board members abstain from voting, Roma said.

He then identified himself as one of the timeshare unit owners.

"I am of the opinion that I would offer a fair judgement in voting," he said. "I don't feel that I would be biased or have a conflict of interest. I have nothing to gain whether this project succeeds or not. I have no strong feelings either way."

Before asking the other owners to make their own statements, Roma said that Ron Guertin should not vote on the project since he is a member of the Summit Hotel Board of Directors.

Guertin is also a Newry Planning Board alternate member who was given the right to vote Wednesday night due to the absence of a regular member.

Roma told Guertin that he should recuse himself from voting "because of that stronger relationship with the Summit Hotel, so as not to create the appearance of a bias."

Guertin said that was fine.

"I'm winging it here because without a quorum, we can't act on the application," Roma said.

Planning Board member David Walker said Guertin could abstain from voting, but still participate in the discussions and state an opinion.

After some discussion, Roma decided how to proceed.

"The conflict of bias is only an issue if somebody calls it in the end so that we could proceed and all participate in the vote and make a decision and pass that decision on to the applicant," Roma said. "If nobody calls, then it's a done deal.

"If Sunday River doesn't like the decision the board has reached, they could then step up and claim bias or conflict, or if some other party feels injured, they could step up and claim bias, so then it goes to the Appeals Board," he said.

"My hope is that we could conduct this meeting in such a manner that there is full disclosure, there's a fair and impartial proceeding such that the vote wouldn't be challenged, and then we move on to the next one."

"Very well stated," said applicant Aloisio, a former longtime Newry Planning Board member and chairman. "I agree. I think that is the correct way to proceed, and you are correct — that is the way it should proceed. I feel there is a very high probability that the board will be fair and impartial."

Walker, Guertin and fellow Planning Board member Jason Berry then identified themselves as the other time-share unit owners. They said they could be fair and impartial and had nothing to gain or lose whatever the outcome.

Aloisio said he was OK with those admissions.

Roma then described the project. The resort, he said, wants to carve out a one-acre piece of land from a parcel they own near the Summit Hotel. He said they want to use the existing roadway that passes by the hotel and extend it 300 feet through the hotel's rear parking lot to reach the new lot. It would require passing underneath a chairlift.

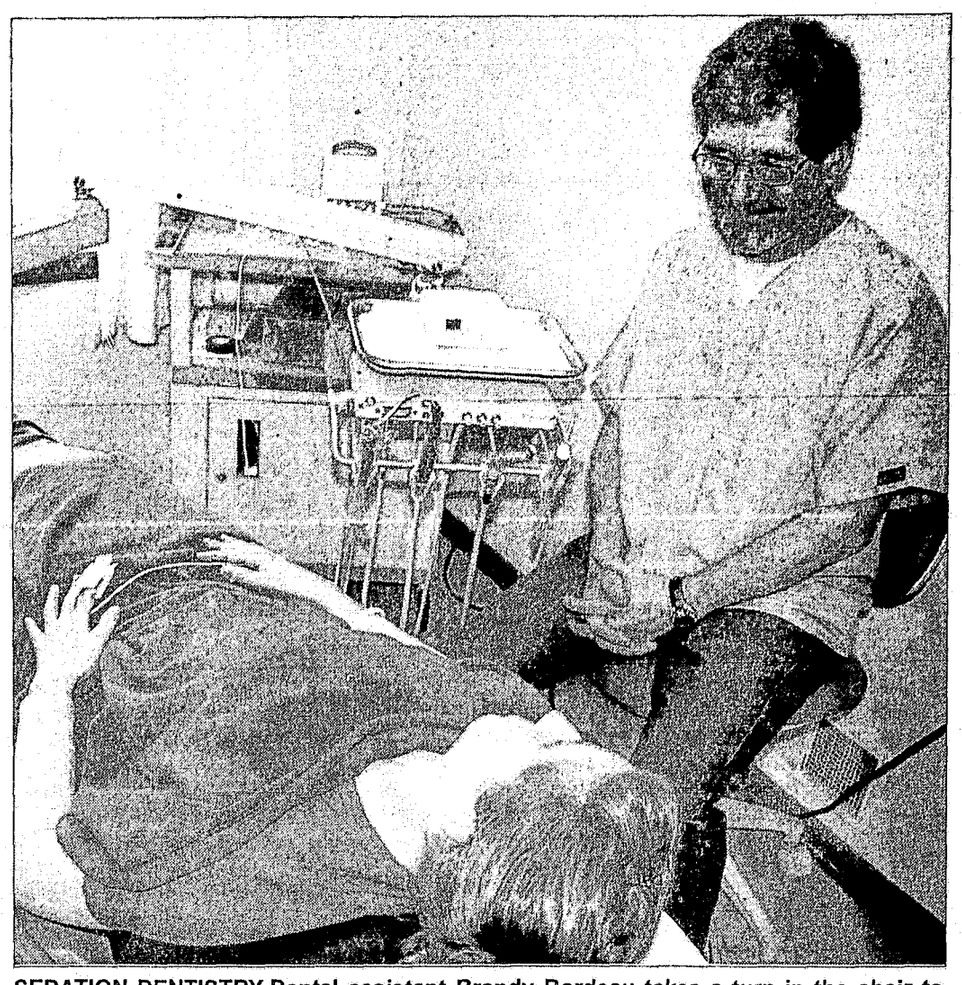
Following a visit to the site earlier Wednesday evening, Roma said they went up there to see how large the area is, whether it would be a safe passageway and see where the resort wants to create the lot on which they have yet to decide what to build.

Roma said he wants to treat the road extension as a new road with a new name, and have the applicant add stop signs to distinguish it as such. Aloisio objected, saying it's an extension of the current road, not a new road. However, he did agree to place stop signs on it.

Roma also wanted warning signs placed to alert drivers to crosswalks and walkways, along with a painted centerline on the road extension.

DENTAL

Continued from page 1



SEDATION DENTISTRY-Dental assistant Brandy Bordeau takes a turn in the chair to demonstrate the vital signs monitoring system (in right rear) for sedation dentistry at Dr. John Mason's office. Mason is at right. The office has been renovated to include a private operatory and bathroom for the patients. Mason and his staff are trained by the Dental Organization for Conscious Sedation. *A. Aloisio*

needle is inserted.

After a long session for a patient needing a lot of work, said Mason, he tries to keep the person on a regular care routine to avoid lengthy treatments in the future.

So far he has used the new procedure on about 20 patients.

He said not all people who choose the moderate sedation are anxious about dental treatment. Some simply have a sensitive gag reflex, making a procedure difficult for everyone, while others may need a complex course of work and don't have the time in their schedules to come back for multiple appointments.

As of now, said Mason, he does not charge for the sedation itself. Because he can work so much more efficiently, he said, the overall time requirement is about the same as doing a procedure the traditional way.

Mason said he believes his practice is the only one in western Maine currently offering the sedation.

Story idea?
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Public Notice

Asplundh Tree Expert Co, Railroad Division, of 720 County Road 400, Ironton, OH will be spraying a Weed, Grass and Brush Control Program on the St. Lawrence & Atlantic Railroad, within the State of Maine. The materials being used this year are approved for use in the State of Maine and by the Federal EPA, and may include the following: Glyphosate, Oust Extra, Esplanade 200 SC, Streamline. These materials are used at low rates either by themselves or in combinations in 25 gallons of water per acre.

Application will begin on or about June 1, 2014. Should you have any questions please contact Gerry Blase of Asplundh at (215)-784-4471.

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PUBLIC HEARING

Pursuant to Title 28 MRSA 252 -- a notice is hereby given that a Public Hearing will be held on June 2, 2014 at the Bethel Town Office to consider a Liquor License application and Entertainment Permit application from Gourmet in a Pinch, located at 164 Mayville Rd. Public comment will be heard at that time. Prior to the hearing date written comment may be issued to the Bethel Town Office or email at info@bethelmaine.org

Christen Mason
Town Clerk

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FITNESS

Continued from page 1

"WALKING AUDIT" OF BETHEL-Darcy Whittemore of Maine Safe Routes to School leads a walking tour during the Western Maine Active Communities Conference to identify what makes a community pedestrian- and bicycle-friendly. Participants on the tour are Barbara Rajaniemi of River Valley Healthy Communities, Heather Fellman of the Healthy Community Coalition of Greater Franklin County, James Thomas of the Mahoosuc Land Trust, Donna Burke of the Sacopee Valley Health Center, Gabe Perkins of the Bethel Comprehensive Planning Committee, Jamel Torrez of Healthy Androscoggin, and Bethel educator Kay Larson. *A. Chapman*

World War II expansion of suburbs, more Americans began using their cars to get to work and school and to run errands, instead of walking. The increase in driving over the past 60 years correlates directly with an increase in obesity and obesity-related diseases.

Schauffler explained the role of municipal planning in encouraging physical activity. "What prevents us from getting the activity we need? A huge part of it is how we're building and maintaining our communities."

He pointed to the importance of identifying obstacles that make getting around by walking and biking difficult, such as sidewalks that are nonexistent, improperly designed, or inadequately maintained, and road shoulders that are too narrow or soft for biking.

Overall, Schauffler said, about one third of Oxford County residents do not drive, due to factors that include age and the high cost of owning and operating a car.

"When we're asking them to walk around, or bike around, in conditions that aren't safe for them, it's a social justice issue. We're not considering their needs; we're not treating them fairly."

Designing communities to encourage physical activity pays off in a variety of ways, Schauffler said.

Kids who walk or bike to school get more of the daily physical activity they need, and they also attain higher academic achievement, have fewer absences, and present fewer behavior problems.

"When kids are active before school, it primes their brains for learning," he said.

People who live near a trail are 50 percent more likely to get the exercise they need every day, and property values for both homes and commercial properties increase when they are located near a park or a walking trail.

"A walkable downtown is much better for business," Schauffler said, citing the example of Bar Harbor, where benches, shade trees, and pedestrian safety measures such as traffic barriers "have encouraged more people to spend more time there, doing more shopping."

Costanzi described the mission of the Oxford County Wellness Collaborative (OCWC), which was created in 2012 to address concerns highlighted by a report the previous year that placed Oxford County at the bottom of Maine's sixteen counties in terms of overall health.

The OCWC takes a collective approach to health concerns, targeting behavioral health, public safety and domestic violence, healthy eating, and active living, and seeking funding sources to support improvements in all areas.

A two-year, $150,000 Community Transformation Grant from the Centers for Disease Control was used to create regional Active Community Environment Teams (ACETs) throughout the county, focusing on ways to encourage physical activity. The OCWC has received additional funding from the Bingham Program, the Betterment Fund, and the Maine Health Access Foundation.

Individual ACETs have hosted bike rodeos, started walking groups, and worked to get signage in place for biking and walking routes.

Their work is paying off; over the past three years, Oxford County's rank has improved from sixteenth to tenth in overall health among Maine counties.

Presenters at breakout sessions included Dan Stewart, Pedestrian/Bicycle Program Manager for the Maine Dept. of Transportation, who discussed his work with communities to improve overall transportation systems, with a focus on making villages, downtowns, and business districts pedestrian and bicycle friendly.

Doug Beck, Physical Activity Coordinator for the Maine Center for Disease Control's Division of Population Health, and Jim Tasse, Education Director for the Bicycle Coalition of Maine (BCM), shared ideas for starting a successful ACET, by identifying influential community members and recruiting them to join the effort. They addressed keeping team members engaged by focusing on a variety of long- and short-term projects.

Darcy Whittemore, of the Maine Safe Routes to School Program, a partnership between the Maine DOT and the BCM, and Joan Walton, a community and regional transportation planner with the Androscoggin Valley Council of Governments, led groups of conference participants on walking tours of downtown Bethel.

They identified issues that are conducive to easy walking and biking, as well as factors that make it more difficult or dangerous, including disconnected sidewalks and lack of crosswalks, curb cuts, and pedestrian crossing signage.

At the conclusion of the walk, Whittemore asked participants to rank Bethel's "walkability" on a scale of one to ten. Most gave it a seven, finding it fairly easy to get around on foot, but identifying several areas for improvement.

The conference was coordinated by the Bicycle Coalition of Maine and sponsored by the Oxford County Active Community Environments Team, the Community Transformation Grant Program, Healthy Oxford Hills, and the Oxford County Wellness Collaborative.

SAD 44

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than some. But the grant, he said, is allowing the district to save money on testing and teacher training costs.

Jim Sysko of Newry wondered about the need for the superintendent's office to be at the Norway Savings Bank building rather than at Telstar, where it was for many years.

Murphy said the move out of Telstar 10 years ago followed a decision to hire a separate principal for Telstar Middle School and use the superintendent's office for the TMS office. After moving to the former Ethel Bisbee School for several years, he said, the deal for the bank space was found to be much more cost-effective in paying for utilities.

The only article requiring a written ballot Tuesday asked for $1,599,216 in additional local funds to provide money over and above the minimal amount required by the state. The vote was 39-0 in favor.

Under the last article of the evening voters approved authorizing the School Board to expend up to $210,000 from the School Capital Reserve Fund for school roof repair/improvement projects. The School Board had upped the original proposal from $100,000 to do additional roof work at the Telstar and Andover schools.

The meeting lasted a little over an hour and was moderated by Wendy Hanscom of Newry.

Briefly

Local couple injured in motorcycle crash

WINDHAM-Jon and Debbie Swan of Bethel were injured Saturday in a motorcycle accident that sent a total of four people to the hospital. The Swans were among 120 motorcycles and riders taking part in a motorcycle run organized by Bikers Against Breast Cancer, Maine. The ride started in Buxton. According to Windham police, the two motorcycles involved were riding abreast and slowing down in traffic on River Road when the accident happened. After the collision, the Swans and Ricky Morse, 28, and Kaitlin Knight, 24, who were on the other bike, were thrown to the pavement. Morse was the most seriously injured. Speed did not appear to be a factor in the accident, police said. Since the accident, Debbie has had surgery at Maine Medical Center for an ankle broken in two places, according to family members. She also received bumps and bruises. John is expected to need a back brace for about three months. Marilyn Swan, Jon's sister-in-law, said Tuesday that the couple hoped to be discharged yesterday (Wednesday). "They want people to be reassured their injuries are not life- threatening," she said.

Otten updates plans for Balsams

WEST STEWARTSTOWN, N.H. (AP)– Les Otten said last week the plan for redeveloping the Balsams Grand Resort is to spend more than $100 million by 2016 to make it a world-class resort. The resort in Dixville Notch closed in 2010 after nearly 150 years in business. Dan Dagess and Dan Hebert, who bought it in 2011, entered into an agreement with Otten, founder of the American Skiing Co. and former part owner of the Boston Red Sox. The Balsams plan calls for expanded skiing, a new hotel and using farms and produce from the area. Otten said there's the potential for more than 1,500 new jobs.

WES to host Produce Pursuit Run/Walk

Woodstock Elementary School is hosting its fourth annual Produce Pursuit 5K Run/Walk on Saturday, June 7, to raise money for its Healthy Snack Fund. The Produce Pursuit 5K race is split into three categories: 5K run for ages 13 and older, 5K walk for ages 13 and older; and 5K walk for ages 12 and younger. The 5K run and 5K walk for ages 13 and older will cost $20; the 5K walk for ages 12 and younger will cost $5. Registration begins at 7 a.m., the event starts at 9 a.m. A free, one-mile fun run for younger children will be held at 8 a.m. "For several years, our school has been lucky to get a grant that allows us to promote healthy snacks," teacher Karen Wilson said. "We've had the grant for several years, but this year we didn't get it." The grants are allocated based on the percentage of free- and reduced-price lunches the school serves, she said. "This year, we didn't make the cut," Wilson said. She said the Healthy Snack Fund was created to raise money in case the school didn't get the grant. "We've been using the money we raise through the 5K to supplement the grants we receive," Wilson said. "Whenever we have a teacher who wants to cook in the class or make healthy snacks for their students, we use the Healthy Snack Fund to help." Refreshments at the 5K will be provided by Hannaford Supermarket. T-shirts will be given to the first 125 registrants and awards will be presented at 10:30 a.m. to the top finishers in each gender division. For more information, call the school at 665-2228.

The Way I See It

By Sharon Bouchard

I'm sure I have mentioned in past columns how much I hate grocery shopping. The prices seem to go up from week to week and the packages and containers seem to get smaller and smaller as the price climbs.

Meal planning with a finicky husband and a limited budget just add to grocery shopping frustration making a difficult chore a bit more difficult.

The bright spot of my shopping trips is reading the covers of all the magazines that are always displayed at the ends of the checkout counters. I can get caught up on celebrity gossip and see what the latest scandal is that's rocking the nation. There are quick beauty and diet tips and the promise of great recipes. I rarely buy one of these magazines, but I do enjoy reading the headlines while waiting to empty my wallet on my groceries.

Last week one particular magazine caught my eye because of the headline of "Lose 70 pounds on the 8-hour diet." With my history of failed diets after struggling for a month or so I thought that just maybe I could handle 8 hours of dieting. Plus, the smaller print had the added bonus of "Eat What You Want!" This was one magazine that I bought.

For a week I ate exactly what I wanted for 8 hours every day. I had ice cream, cake, cookies, fried chicken and pizza loaded with meat and cheese. I ate potato chips, mashed potatoes with lots of gravy and French fries. Chocolate bars with caramel became my best friends. This was the most wonderful diet I have ever, ever tried.

At the end of the week I excitedly stepped on the scales fully expecting to see a 70 pound reduction. Much to my surprise, actually it was shock, not only did I not lose 70 pounds, I had gained five! I decided that perhaps I should actually read the diet article.

The bright spot of my shopping trips is reading the covers of all the magazines

The concept of the diet was to eat two meals and a snack during an 8-hour period and then fast for 16-hours. I had fasted for the 16-hour period and I really only ate one meal during the 8-hour period, but it was sort of nonstop. That was mistake No. 1.

Upon further reading I found that they didn't really mean the part about "Eat All You Want." I guess you could "Eat All You Want" provided it was whole grains and vegetables. I thought they meant "Eat All You Want of Whatever You Like." That misunderstanding was mistake No. 2.

This same magazine had a page of wonderful pancake recipes. There were Cheddar Bacon Pancakes, Orange and Chocolate Chip pancakes and Cinnamon Bun Pancakes. I figured that since these delectable recipes were in the same magazine that they were to be part of the "Eat All You Want" 8-hour diet. I certainly ate a bunch of all three kinds of pancakes and I guess that was mistake No. 3.

I promptly gave up on the 8-hour diet because I simply couldn't afford to put on any more weight if I did it my way and doing it the magazine's way didn't sound all that appetizing to me. In fact, it sounded pretty much like any other healthy eating diet.

I did learn a valuable lesson however, and that is to not go on a diet based on the headline on the cover of a magazine. One must really read the article about the diet to fully understand it. From now on if I see what looks like a good diet on one of those magazines covers I'll just ignore it because the way I see it to do anything else is probably one big mistake.

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SELECTMEN

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tem has proven to be more cost effective than just salting which treats the ice after the fact. We've all followed the trucks when they've been salting the roads and seen the salt bouncing into the ditch or seen it being blown away. The highway department is up for this task though there is a learning curve to implementation and I want to see it happen. I also want to help keep a tight leash on our budget without cutting back more than necessary on planning for the future needs of our community. It's a tight rope act that the town manager, selectmen and budget committee walk every year.

The economy is always on our minds. How can we draw business to Bethel? The Bethel Chamber of Commerce has been actively involved in doing this for years and most especially since our economic down swing. I believe the town's job is to facilitate a business friendly environment for potential businesses and help them as much as possible. In the next three years I want to see the signage issue become stabilized, the Comprehensive Plan completed, voted on by the town and approved by the state, the brining of roads in place and in the very near future a washing system constructed at the Bethel Town Garage for washing of our road equipment in order to extend the life of the departments vehicles and perhaps even SAD 44's buses (my idea and dream). We pay for all of them; let's keep them from rusting out any sooner than is necessary. There have been talks regarding a more active involvement in establishing a rail system that Bethel could be a part of with perhaps the development of Bethel Station which would make for a more efficient running and cost effective treatment plant. I want to be part of that investigation representing our town. The skate park and Davis Park have been an enormous success. A good recreational plan for our kids and adults. Now that's an investment in their future and the town at large.

2) What are your qualification or background that I bring to this position?

My primary qualification is having been a selectman for the past three years and being taught about town government by the current town manager and long standing selectmen, Donnie Bennett and Stan Howe. I've learned a lot by listening to the residents of this town as they've expressed their thoughts to me. We're serving on the board to represent you and we need your input to do that effectively. I have the time to devote to serving the town. Prior to being a selectman I served on the Planning Board and the Board of Appeals. I've been involved in many organizations over the years one of them being a board member for Tri-County Mental representing Oxford County. Service is what I'm all about and especially to this town I love.

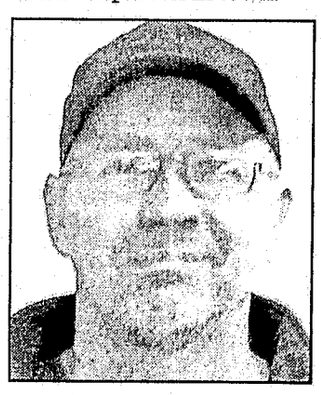
Lloyd Sweetser

1) Why are you running, and what do you see as the most important issues coming up for Bethel in the next 3 years?

I am running, because I want to do my part and serve this great town that we live in. I like to be involved and do what I can to help all in this town. The most important issue that we have right now is finding the right person to be the next town manager. I know that we have work to do on bringing more recreational activities to the Bethel area. We will have to start looking at ways to improve on what we have at the transfer station, being on another committee and seeing what other towns are thinking and doing, we will have to look at what we have and what we can change to make this a more sustainable community.

2) What are your qualifications or background that you bring to the position?

With sitting on the board of selectman for the last three years, I have grown a lot and learned a lot about serving this town. I am always open and will to talk with anyone from town on any issue that is going on. I am a life long resident of Bethel and have seen this town grow and change. I am one that keeps myself involved in things that are going and what we can do to better the community. With being involved in scouting growing up and also going to Boys State when I was in high school has instilled in me to be an involved person in town.



Aaron Crockett

1) Why are you running, and what do you see as the most important issues coming up for Bethel in the next 3 years?

I think it's time some people in my generation might want to start getting involved in politics.

It's always taxes. It's time to stop spending money on things like land purchases. At home if I don't have the money, maybe I shouldn't borrow and be put in debt. I think it's important - it seems like we're exporting a lot of our youth because we don't have a lot of jobs to offer. With taxes going up we're driving young people out. I'd like that if my kids want to stay in the area, maybe they could afford to.

2) What are your qualifications or background that you bring to the position?

I have no political background, but I'm a Bethel taxpayer who has concerns. I've spent a lot of time talking about issues with my cousin Jarrod (Crockett). And maybe if I get involved, people my age will get out and vote.

Gabe Perkins

1) Why are you running, and what do you see as the most important issues coming up for Bethel in the next 3 years?

I'm at least a fifth generation resident of Bethel. I left for a while and chose to come back and stay. That decision to stay spurred my interest and was a call to action to participate in municipal and community activities. I'm running for selectman because of a deep commitment towards service and I try in some small way to understand the complicated relationship between Bethel's past and the future and bring that understanding to the Selectboard for the next three years. Bethel needs to continue to draw people here from across all demographic sectors. We need to make it easier to start a business here, embrace community efforts, and continue to use our natural resources—timberlands, waterways and our vast farmland—to our advantage and by doing so we can grow smarter and spur economic development that maintains ties to our past. I further believe that by embracing recreation in this community whether that be ball fields, or mountain biking can only help us move forward, together.

2) What are your qualifications or background that you bring to the position?

I recently finished a degree program at the University of Maine at Farmington in Environmental Policy and Planning. This degree program focuses on small towns, how they work, and what citizens can do to affect policies and land uses in a community. In the past five years I have served Bethel on the Planning Board, including serving through the asphalt plant planning process. Currently, I chair Bethel's Comprehensive Planning committee, which provides every business, organization and citizen the opportunity to share their voice and add their vision for Bethel over the next ten years. I also serve on the Airport Authority, where I have assisted in updating the 20 year Master Plan—one result of which is our new terminal building. In my professional life, I work part time for both the Northern Forest Center and Mahoosuc Pathways. For the Northern Forest Center I work with people who are interested in switching from their current home heating source to using wood pellet boilers. As Projects Director for Mahoosuc Pathways, I am working with the town, landowners, and other organizations to extend the Bethel Pathway, bring new economic development in the form of low impact recreation in the Bingham Forest, and hiring high school students to build trails with the Oxford County Conservation Corps. These efforts cast a broad net but that's what it takes to make a living here. Bethel is small town with a big impact on the area and wider region, and I want to help guide its future.

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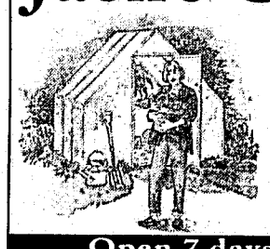
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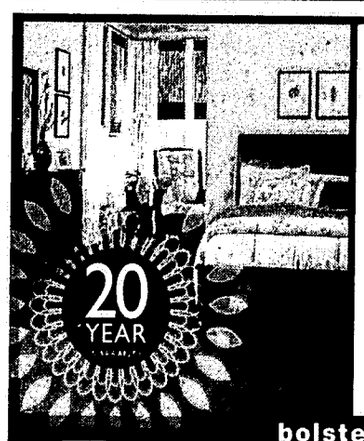
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2014 PAVING PROJECTS

The Town of Newry is seeking bid offers from qualified contractors on the following 2014 paving projects:

1. Skiway Road: From its intersection with the Sunday River Road to the end of Skiway Road; Provide necessary engineering, layout and construction of ½" shim lift of Maine DOT 9.5mm mix, overlay with a 1" lift of Maine DOT 9.5mm mix, place shoulder backing material.

   Approximate dimensions of Skiway Road: 6000' long X 30' wide

2. Monkey Brook Road: Remove designated 100'x 24' section of road pavement, remove 12" of road sub base, replace with 12" of 2" minus crushed gravel compacted, repave 100'x 24' road section with 2" of MDOT 19.0 mm hot asphalt mix or like material. From its intersection with the Sunday River Road (blend with 2013 pavement break) to the end of Monkey Brook Road; Provide necessary engineering, layout and construction of 1/2" shim lift of MDOT 9.5mm mix, overlay with a 1" lift of MDOT 9.5mm mix, place shoulder backing material.

   Approximate dimensions of Monkey Brook Road: 3800' long X 24' wide.

These projects shall meet the requirements of the contract, which includes portions of the most recent edition of the Maine Dept. of Transportation Standard Specifications.

Bid and contract information can be obtained from the Newry Town Office, Monday through Thursday, 7 am to 5 pm. Bids are due by Tuesday, June 17, 2014, 4:00 pm.

The Town may accept or reject any and all bids.

Each Bidder, before submitting an offer, shall become completely familiar with the required work and shall rely on there own investigation. It is the responsibility of the Bidder to provide accurate measurements for bid purposes. The Municipal Representative will be available to have the sites proposed for paving inspected. No consideration will be granted for any alleged misunderstanding of the material to be furnished, the work to be done, or for any defects in the final product that are the result of the absence of pre-inspection of the sites.

Bid Offers shall be clearly labeled "Paving Bid" and submitted to:

Town of Newry
Attn: Loretta Powers
422 Bear River Road
Newry, Maine 04261

OCSD Patrol Log

Tuesday, May 20

At 3:37 p.m. Deputy Dave Hodgson responded to a car deer accident on Rt 232 in Bethel. There was very minor damage to the vehicle; the deer was dispatched.

Wednesday, May 21

At 12:05 a.m. Deputy Peter Casey was dispatched to a motor vehicle offense on Walkers Mill Road in Bethel. It was reported that an SUV hauling a trailer was "all over the road". A search was conducted but there was negative contact.

At 9:22 a.m. Deputy Andy Whitney received a call requesting extra patrol on Paradise Road in Bethel due to the re-routing of traffic from Vernon Street. The deputy responded to the area later that day and sent out an agency wide e-mail advising other deputies of the situation.

At 5:52 p.m. a Bethel resident reported a person calling her young daughter names over a social media website. Deputy Dave Hodgson investigated.

Thursday, May 22

At 7:33 a.m. Deputy Andy Whitney did a traffic detail in front of Telstar High School on Route 26 in Bethel. There were no violations observed.

At 1:03 p.m. Deputy Andy Whitney and Lt. Tom Harriman conducted a bail check in Bethel.

Monday, May 26

At 1:08 p.m. a report was received of a possible sexual assault in Bethel. Deputy Dave Hodgson was assigned.

Sunday, May 25

At 8:04 p.m. Deputy Peter Casey received a report of a subject under suspenson driving regularly in Bethel.

Monday, May 26

At 1:08 p.m. Deputy Dave Hodgson received a report of a possible sexual assault in Bethel.

OCSD Jail Log

May 24, 6:15 a.m.: Steve A. Lebeau, 33, of Gorham, N.H., OUI, operating after suspension; by Deputy Andy Whitney in Gilead.

May 25, 9 p.m.: Nathan D. Clukey, 39, of Bryant Pond, operating after suspension; by Deputy Peter Casey in Bethel.

Bethel

By DONALD G. BENNETT

FOR SALE – Bethel Station

A new For Sale sign went up on Cross Street this week and it says: Transit Oriented Development Opportunity Fully Site Developed Six (6) Lot Subdivision 14,000 +/- Building Theater Included in Sale. Real Estate Agency is Keller Williams. Contact agent is Tony Donovan who is also the same Mr. Donovan talking up passenger rail to Bethel. Maybe his "vision for a walkable, livable community" can be called Bethel Station II. Is he talking up passenger rail in order to sell Bethel Station lots?

How Boston Globe readers will see Maine for vacations

The May 18 Globe Magazine featured 12 Favorite Vacation Spots in New England. Maine's spots are Bar Harbor and Old Orchard. Maine's full page ad had three seaside images. Poland Spring Resort and the Oxford Casino grabbed another full page headlined "A Winning Pair."

The May 21 Bangor Daily News ran an article and map, showing top Google Trends by state. Maine's top item was cat pictures and the other top topic was Michael Flatley's "Lord of the Dance" plus "How to roll a joint" and "growing marijuana" which were in the top level searches.

New Garden at Ruthie's

Ruth Grover is into redoing her garden big-time. Wednesday DA Wilson had a crew tearing up the remains of her 45 year old garden between Ruthie's and the Village Motel and the Post Office. Among her plans, the new garden will have a Japanese Maple Tree and a Michigan Red Bud Tree. The new trees are already delivered.

Selectmen Meet – Topic – Finding a New Town Manager

Tuesday, May 20, the selectmen met to plan search for a new town manager. After the meeting Stan Howe said that two inquiries had been received but no definite applications. In 1975 when Town Manager Elwyn Dickey unexpectedly died in office the town was able to have former town manager Harold Bean fill in as acting town manager; then Norman Ness. Jr. was selected as the new manager.

MLT guest speaker Joanne Grohman

Wednesday, May 21 author and small cow farm celebrity Joanne Grohman spoke on what I had thought was going to be on how the nature of farming has changed; but it was actually about how farming changed nature. Roughly 40 people attended. Ms. Grohman first began writing about her cow keeping experiences in 1976. She has a Blog, a Facebook page with 558 likes and there is a YouTube video of her speaking posted by Maine Organic Farmers and Grocers Association. Her talk was supported by a slide show of her animals, barns, milking, etc. Most of her questions were answered from what she had already written in her book, "Keeping a Family Cow." The family cow's manure helps build up soil quality for gardens and hay fields. It also dealt with handling cow illnesses and handling milk once it leaves the cow.

Gould Academy Planned Renovation

Starting next month Gould will undertake a complete renovation of Hanscom Hall's lower level. An illustration of what the finished job will look like is in this week's Bethel Journals News webpage and in Gould's webpage at gouldacademy.org. The plan also shows a new ground level entrance from an extensive patio landscape change as seen from the pathway between Hanscom and the McLaughlin building.

A Funny Thing Happened on the Way to the Forum

If you missed the Gould/Telstar hilarious comedy last week, you missed a lot. In ancient Rome neighbors live in three adjacent houses: Senex (Reed Thurston); Marcus Lycus (Austin Bear); and Erronius (Eric Prescott). But the main character was the slave Pseudolus played by Anneliese Smith; superbly supported by Hysterium head of the slaves and who had a second role as the dead Philia played by Chris Figaratto. Anneliese Smith turned in such an outstanding performance it was difficult to believe that someone could remember all of her lines and carry on for nearly two hours showing such talent. One of castings ironies was that Paige Conroy who played the Mother Superior in Sound of Music should have the part in this comedy of a beautiful courtesan, Philia, who has been sold to Roman Captain Miles Gloriosus. Reed Thurston has previously played Captain von Trapp in Sound of Music and in last year's Lucky Stiff, Reed played the stiff.

Scene design and construction was exceptionally well done – perfect in fact. With the story based on three adjacent homes in Rome, what the audience sees was just that – three classic designs side by side complete with balcony. Program scene design/construction credits listed Alex Duclos, Jordan Held, Ani Inman, and Ella Sulloway. Great job!

Stage setting and orchestra combined with the players for a really outstanding production by any measure. For photos see the Bethel Journals online news for May 27.

Looking Back – Bethel Bicycles in the 1890s

With the summer biking season on us we expect to see dozens of bikers pumping by our house on Route 2. If you were around in the mid-1890s you would have seen as much biking then as now. (No mountain biking though.) Bethel had four bike dealers, see ads on Bethel Journals news. F.M. Allen's store located in what we call Annie Hastings house sold a full line of bicycle clothing as well. Herbert Rowe sold Lovell bikes, S.N. Buck sold Remington bikes and Dana Philbrook sold Victoria bikes plus Philbrook offers sales with time payments.

At the "skating rink," Rialto Hall (where Ruthie's is today) indoor biking was available. Part of Bethel's Fourth of July activities included bike races along with trotting races at Riverside Park. But in 1894 one news item read, "Bicycles are beginning to monopolize the highway. No riding is allowed on the sidewalks for a vote was passed at the last corporation meeting prohibiting it."

For the 1896 Centennial celebration Bethel's Bicycle Club led the parade with fancy horses following.

Bethel

By NANCY BROWN

Every day last week as I drove to work I saw a large snowy owl who is living in the West Paris area. The snowy owl is among the largest of the owl family, growing to be about 2 feet tall with a wing span of almost 50 inches. The bird in West Paris has mostly white plumage with black barring on its feathers. It's probably a young adult. Snowy owls are native to the Arctic but have been forced to fly south this year in search of food. In the Arctic, snowy owls feed mainly on lemmings. Here

Journals

Continued from page 2

"Anderson hill" located on the side of Robertson Hill just behind what is now (2011) the property of Bethel Auto Sales on Route 2 not far from the Swain Farm.

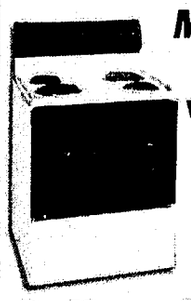
Lee Carver wrote, "I was not on the Gould ski team but did some packing of the runs (a bunch of people side-stepping up the hill to "groom" the run, so to speak), and monitoring flags during slalom meets. It was a great hill for getting in shape because you had to climb up in order to come down. It was great for your leg muscles once you got into it. I thought it was a better fall-line than Mt. Vernon (Vernon Street ski area), but it lacked a tow. Mt. Vernon was a lot of fun but had less pitch."

Roger Adams who was on the ski team in the 1950-1952 periods tells this story about the jump's ski tow: "The Gould Academy ski jump, to my knowledge and recollection was the only ski jump to have its own rope tow. The rope tow was built around 1950 when I was a member of the Gould jumping team. It paralleled the jump's landing hill which made the lift line extremely steep. It was powered by a brand new Ford V-8 engine. When the engine ran at a slow speed it was very difficult to hang onto the rope as it would pull on your arms severely. The alternative was to run it at a fast speed of about 25 to 30 mph. At that speed you would get a nice fast ride up the hill! Frequently, when you reached the top you release the rope and become airborne! One of the problems with the high speed was getting on because the rope was zipping so fast it would burn your mittens. It became very necessary to wear leather mitts or gloves and even then they would wear out from the rope zipping through your hands.

The ski jump rope tow was a great concept as we could get in many jumps which would ultimately improve our skills. This also gave us a competitive advantage over other school's jumping teams." During the early fifties Gould's competing jumping teams were Edward Little from Auburn, Maine, Stephens High from Rumford, Berlin High, N.H., Lebanon High, N.H, and Hanover High, Hanover, N.H.

Paul Kailey was the Gould ski coach when I was on the team in 1950-51-52. The jumping team in 51-52 consisted of Les Streeter, Ray Chase, Jerry Emery, Norm Ferguson, Roger Adams, Herb Adams, Gerry Fortin, Melvin Olson and Bucky Burnham. The Gould ski jumping squad benefitted greatly from the use of the Gould ski jump rope tow."

Four Gould Academy graduates contributed to this article: Ruel Swain, 1944, a member of the academy ski team; Donald Brooks, 1946; Lee Carver, 1949 and Roger Adams, 1952 a Gould ski team member from 1950-1952.



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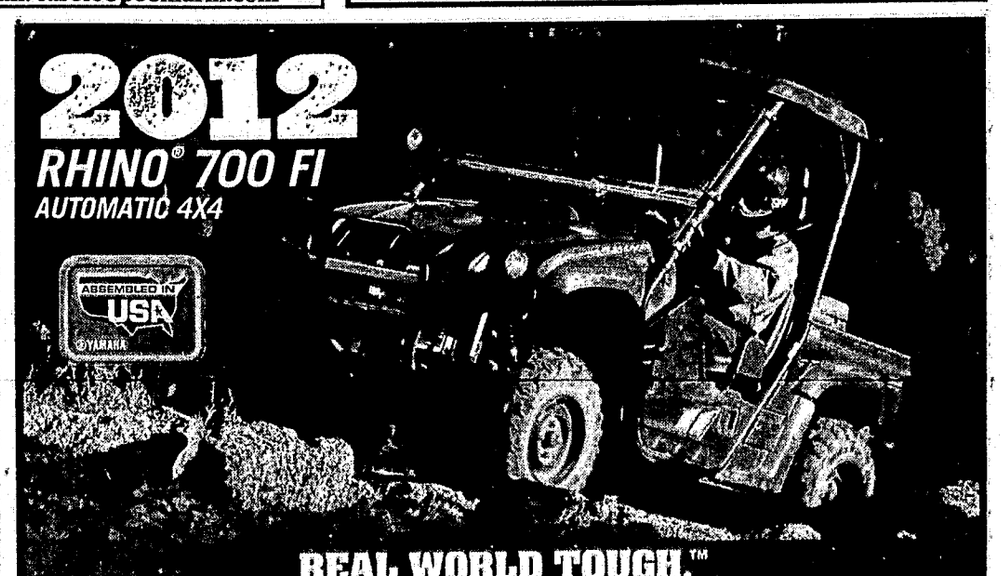
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MAY 29 2014

they hunt mice, voles, squirrels, and other rodents. I've seen the owl roosting on telephone poles, sitting on telephone wires, and soaring across the swamp and along the roadside. I decided not to stop for a closer look or to get a picture. Snowy owls are rather docile and will allow humans to get relatively close. However, Doug Hitchcox, the staff naturalist at Maine Audubon, told the Portland Press Herald last year that: "Just because they're approachable doesn't mean they're OK with it. The best thing people can do is give them as much distance as possible."

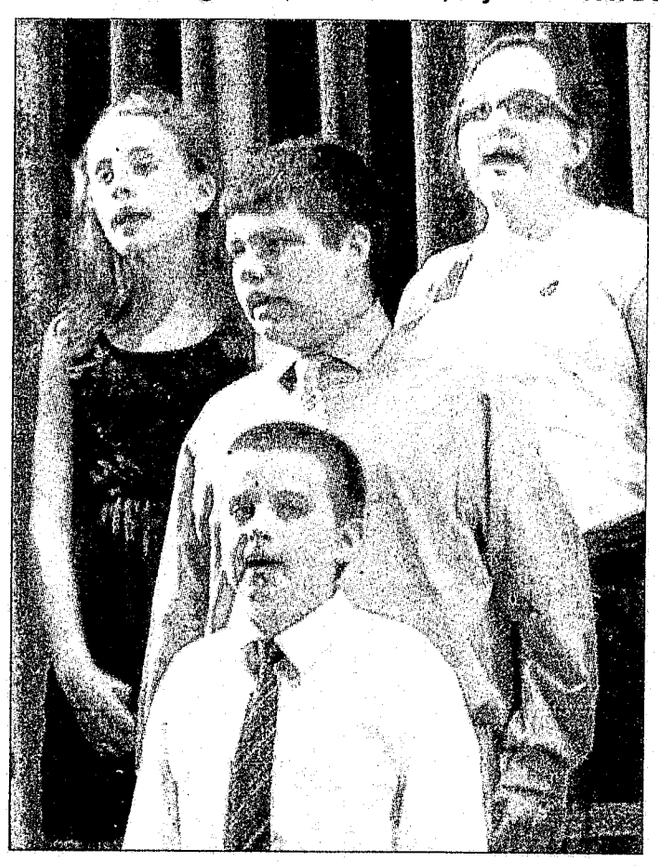
Don't forget the Bethel Library Annual Plant Sale this Saturday, May 31, from 9 to 10 a.m. The sale takes place on the lawn next to the library at 5 Broad Street. Rain or shine. The plant sale has a reputation as one of the best places in Oxford County to get perennials. Each year local gardeners donate plants for the sale. Among plants available this year will be day lilies from Norm Davis' collection. Come early for the best selection. Also, door prizes will be given out between 9:15 and 9:30 a.m. If you want more information, or have plants to donate, call the library at 824-2520 or Susan Day at 824-2741 or Susan Parker at 824-4767.

The Bethel Area Nonprofit Collaborative (BANC) is hosting an informational fair on Thursday, May 29, from 5 to 7 p.m. The fair will provide an opportunity for the public to learn about nonprofit organizations in the Bethel area and how they have helped the community. Member organizations will have information available on projects they are working on. The public is invited to attend. Refreshments will be served.

The annual Stephens Memorial Hospital Run for Wellness 5K is Sunday, June 1. You don't have to be a runner to participate. Many participants, myself included, walk the 5K. The goal is to get people out walking, running, and being active in order to improve our health. There is a Kids' Fun Run at 8:15 a.m. and the 5K begins at 9 a.m. Registration starts at 7:30 a.m. and the fee is $20 for the 5K. The event begins (and ends) at the Ripley Medical Office Building parking lot, 193 Main Street, in Norway. Usually there is a group of people from the Bethel area. Find one of us and walk with us.

If you have news to share, please e-mail me at brownnancy1950@gmail.com, or call me at 824-2483.

TELSTAR SPRING CONCERT-Telstar high and middle schools performed their annual spring concert last week. Pictured are: Top photo: High school chorus. Bottom left photo: TMS chorus members: Front, Trey Meader, Middle, Reese Rosenberg; Back, Isabel Chase, Krysten Morse. Bottom right photo: Blair Stevens. *T. Brown photos*



East Bethel

By CHERRI CROCKETT

Hello neighbors, I pray you all enjoyed your Memorial Day celebrations and parades, and paid tribute to those who have gone on before, and continue to fight wars so that we may know the freedom we're accustom to.

Memorial Day eve found me on the top of Whitecap Mountain with a couple of friends watching the sun set and standing in awe of the beauty that surrounds us and feeling grateful for the ability to climb our mountains, enjoy the refreshing spring colors and smells, but most of all; I was overwhelmed with the greatness that stood before me.

He often opens our eyes, and I mean really opens our eyes, to all that has been created so that we may know Him better. I believe it's so that we'll come closer to Him and all that is offered to us each day.

Speaking of being thankful for what's offered to us, I know the Haynes and Coolidge families are rejoicing at the safe return of their sons, Alex Hebert and William Cunningham.

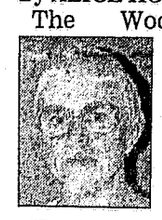
The Coolidges held a nice reunion celebration for William Saturday afternoon at Tina and Brian's house even throughout the showers that plagued the neighborhood. I hear that it was a great time for the family to reconnect and celebrate William's success.

Okay, so you know how family is always the last to know? Well, I learned last week that Aunt Esther is planning on leaving the neighborhood and spending her days in the sunny south. She'll be in the same area as her brother, Howard and his wife, Donna. What an opportunity for her. Andy and I wish her well with this amazing change and hope she'll enjoy many amazing sunrises and sunsets without the fear of having to shovel snow.

How about you? Do you have any news or celebrations you would like to add to the column? Please feel free to e-mail me at brindlelabs@gmail.com or call me at 357-3469. Blessings to you and yours throughout this next week.

Bryant Pond

By ALICE HOYT



The Woodstock-Greenwood Senior Citizens will meet on Thursday, June 5 at AJ's Restaurant in Stoneham.

The Woodstock Historical Society meets the second Saturday of each month at the Museum at 6 p.m. Larry Billings received a letter from President Obama. He has received letters from several presidents. Most are in the Museum.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service. Also, at the same time, "Bloom" a girls' group for ages 13 to 18 and a boys' group for ages 15 and up called "Foundations." Wednesday, June 10, is "Why Baptist?" night with preacher Dalton Robertson, former pastor and co-author of the book "Why Baptist?" Friday, June 20 at 7 p.m. the "Glory-Bound Quartet" will be at the Church from Heartland Baptist Bible College. You don't want to miss this night of singing and preaching.

Franklin Grange 124 met Monday, May 19 for a regular meeting. Next meeting is June 2.

The Woodstock High School Alumni Banquet is Saturday, June 21 at the Masonic Hall in Bryant Pond. Classes to be honored are Telstar Seniors from Woodstock and Greenwood, 1964, 1954, 1944.

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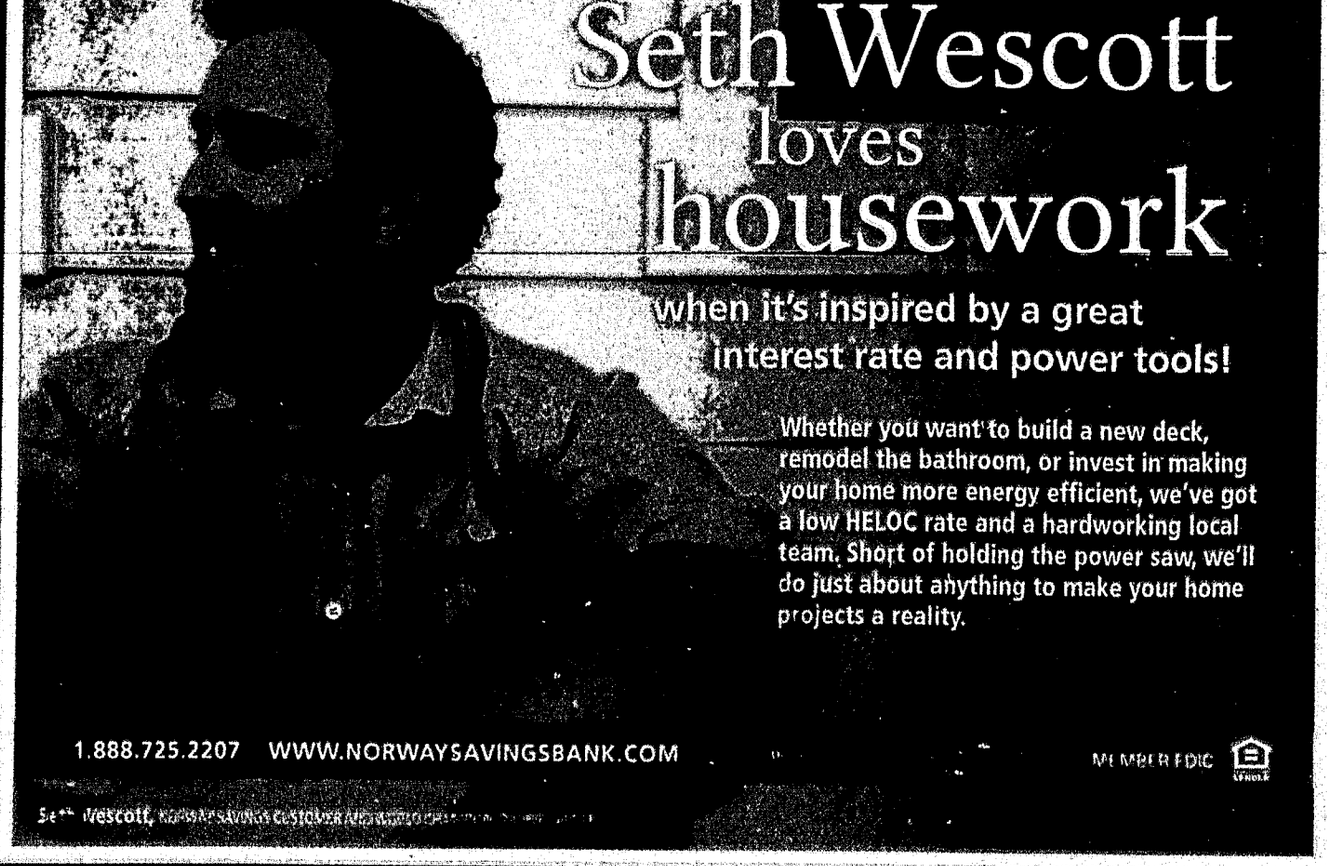

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South Woodstock

By LOLALEE DILLINGHAM

Good morning dear readers; it's a great sunny morning with some scattered clouds about and the thermometer reads 59 degrees.

The lawns are greening up nicely with all the rain we have been getting. The trees are so beautiful with their spring foliage appearing.

We are spending our afternoon with the residents in Rumford today, and so looking forward to seeing their smiling faces.

Condolences to the families of Mione R. Record and Lynn Eldridge. Our thoughts and prayers to each family on the loss of their loved ones.

I am so enjoying the Orioles that come every day to the feeding station; my Blue Buntings have also arrived along with all the other spring birds. They love the water fountain I have out for them to drink from and to take their baths in.

Special thanks to our son Craig and his fiancée April, Leroy and Yvette LeBlanc and Zachery Hodge, for making my birthday a great one. Craig made a huge pasta and tuna fish salad and he even baked a birthday cake and frosted it for me (yup, he put on bright pink frosting). It was a complete surprise, as I had made arrangements for band practice for the afternoon.

Happy Belated Birthday wishes are going out to Jim Ring, Sr., Sandra Gunther and Ronnie Heath.

Summer concerts will be starting on Monday, June 2 at the Mexico Recreation Park in Mexico, weather permitting from 6 to 8 p.m. Bring a comfy chair, blanket, picnic lunch, bug spray and a light jacket and join us for an evening of good ole country and bluegrass music.

Well, that's all from the valley this week. Enjoy your weekend and stay well.

SECOND GRADE MATH WORK AT CPS-Second grade math students Hiram Towle, Mae Hoff, and Wyatt Lilly are working in their small group learning about Metric capacity and weight. They are using QR Codes (Quick Response Code is a barcode that stores URL's for reading on their I-Pads). They are viewing short informative videos and then conferring with their group to demonstrate their understanding of metrics by completing practice exercises. *Submitted photo*

Andover

By JANE C. RICH

The Andover Alumni banquet was held on Saturday evening to honor the class of 2014 which included Katherine Mills, Casey Smith, Brandon Luce and Nik Conrad. Many awards were presented including the Walter Fox Book Awards that went to Nia Dixon, Sonya Farrington, Taylor Merrill, Cassidy Smith and Maureen Glover. Association awards in Math and Science went to Katherine Mills and Alexis Broomhall. Brandon Luce was the recipient of the Lila Farrington Award as well as the East Andover Community Club Award. The Michael Marston Award was given to Alexis Broomhall. For the second time in the history of awards given by the Andover Education Fund both the John and Eunice Fox Scholarship and the Anna Thurston Scholarship were presented to the same person, Katherine Mills. This was the 38th year the Fox Scholarship has been awarded according to local historian, Joyce Morgan. Pastor Ken Wagstaff of Calvary Bible Church gave an inspirational message to the class of 2014. The class of 1964 marked 50 years of high school graduation. The earliest class represented in the roll call was 1943.

There was a good turnout for the annual Memorial Day Service on the Common at 9 a.m. when the weather cleared and allowed us to be rain free. The Andover Flag Folding Ceremony was performed for the second year in a row. Taps was played by Corey Mills. Each year the Cabot Lodge 117 of the Knights of Pythias arranges this event for the community. During the ceremony Lodge 117 presented me with their 2014 Community Service Award in appreciation for my time and commitment to the people and town of Andover. I was overwhelmed and pleased. Thank you, lodge members.

On Sunday evening I journeyed to Upton for the first worship service of summer 2014 at the Upton Union Church. We meet at 5 p.m. on Sunday evenings so if you happen to be in the area do join us for worship. The church has plans to replace the windows in the building and do painting this year. More on this project later.

Absentee Ballots for the primary election on June 10 are available at the Town Office. Remember, the new law says these must be returned three days prior to the election.

People laugh at me sometimes when I say "Andover is the crossroads of the world." or they ask what makes you say that. Here's an example: Following the Memorial Service on the Common a gentleman came up to me and told me he was from Andover, Kan. and hiking the Appalachian Trail and was interested in seeing our historical society building. Fortunately, I was able to have him meet Bev Swan of the society and he was able to view the collections in the building.

Residents of Andover and Upton are reminded that a service celebrating the life of Jim Kenney will be held this Saturday at 11 a.m. at the First Congregational Church in Andover. Jim was a long-time employee of what is now New Page Paper, a camp owner in Upton and a lover of the outdoors.

Gilead

By LIN CHAPMAN

The weather for Memorial Day weekend was interesting to say the least. Saturday gave way to a few breaks of sun amongst the rain drops. Sunday was a few rain drops amongst the sunshine!

My brother, Steve McLain, was at the house last Saturday. We went over to the town hall to check out Linda and Gail's yard sale. They had quite a few new items.

Linda said that they are done for now but may plan another yard sale around Labor Day. That seems like a good long ways away.

Hugh and I traveled to the local cemeteries on Saturday to put out flowers for Memorial Day. It seemed that it rained at each cemetery but while we were driving, the sun was shining.

Jeff Hutchins stopped by the house last Friday and told Hugh that he had seen a Scarlet Tanager at his house. I have not seen any of those in years.

Gilead Historical Society

The buildings were open this past weekend for a few hours. There were a few people who stopped at the yard sale who wanted to go inside the school and station. A couple of them mentioned that they had seen the article in the Summer Guide that was in the Bethel Citizen this past week. Nice article and we certainly do appreciate being included.

We plan on being open soon on Saturdays. Right now we are glad to open the buildings for anyone who stops by to look at them.

Plans for Friends and Family Day are coming along nicely. The date is June 21 and there will be a Crock Pot Potluck Lunch at the Town Hall. It is open to the public and members will supply the food. There will be a $7 charge for adults and $3 for 5-12 year olds.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

Hanover

By MARIA HOLLOWAY

Congratulations to Marcello DeLuca, Valedictorian, Gould Academy Class of 2014. Marcello, a resident of Hanover, is the son of Dr. Thomas DeLuca and Victoria Fimiani.

Having achieved top academic ranking, Marcello will deliver the valedictory farewell to his classmates at the 178th Gould Academy Commencement on Saturday, June 7 at Alumni Field. Marcello, an avid Nordic skier and lover of snow, will attend the University of Minnesota where he will major in Materials Science. Following graduation from Gould, Marcello and friends will embark on a hiking trip this summer along The Long Trail. The 272-mile trail, conceived in 1910, travels the length of the State of Vermont and extends from the Massachusetts state line to the Canadian border.

All the best to you, Marcello. Your parents and the citizens of Hanover are proud of you! We wish you well. Congratulations!

Hanoverites are out and about enjoying nature. Jo and her aunt were seen floating on Howard Pond this past weekend as were fishermen in a small boat while others casted from the shore. Friends from Hanover and Bryant Pond ventured out early Saturday morning to join in on the first annual Mahoosuc Land Trust Bird Hike at the Maggie Ring Nature Park in Greenwood. Paulette, Lisa, Jen and Maria ignored the threat of rain and the potential of being raided by mosquitos and black flies and actually enjoyed a lovely rain- and bug-free walk led by Emily Ecker and Mary VanNest. The 20 or so walkers were able to identify many native woodland birds by listening for their songs and calls. After the hike, many of the hikers met at The Local Hub at the base of Howe Hill Road in Greenwood for coffee and breakfast.

The Gardner Roberts Memorial Library will be offering plants for sale in the near future. Stay tuned for more information on this annual Library fundraiser. Plants will be available soon outside of the library.

A reminder from Kelly Harrington, Hanover Deputy Clerk and Fire Warden – burn permits are required for open fires. Permits may be obtained at the Town Office or online at www.maineburnpermit.com. For more information about online permits please call Kent Nelson at 207-287-4989. For information on the State of Maine Department of Agriculture, Conservation and Forestry visit www.maine.gov/dacf/

Got news, comments feedback? Please e-mail HanoverMENews@gmail.com.

Upton

By JOE BERNIER

The Ladies Aid Association will serve breakfast on Father's Day, Sunday, June 15. Their next scheduled event is "Breakfast on the Porch," July 3 and 4 at the Upton House. The breakfast dates coincide with the Upton House's annual charity yard sale. The Ladies have workshop meetings every Thursday at 9 a.m. at their building.

Members of the Letter B Notch Riders have been checking bridges, working on new and old trails, and wondering where their signs have disappeared to. Considerable time and money is spent every year replacing destroyed and stolen signs. If you need a sign, contact Bob Pepler or me and we will give you what you need. Letter B Notch Riders will hold a trail cleanup day Saturday, June 14, followed by a cookout at Bobby Thompson's camp. For more information contact me via email.

The Upton Planning Board will meet Friday, May 30 at the town office. They will have a workshop at 6:30 p.m. and will begin reviewing building applications at 7 p.m.

The Upton Selectmen will meet Tuesday, June 10 at the town office.

The Annual Town Meeting will be Thursday, June 19 at the school building.

Please call 533-2010 or e-mail backstjoe@gmail.com with your news.

Waterford

By ROCKIE GRAHAM

I think that the only being that was happy this weekend was Gertrude. She was happy as a duck with all the rain. She swam in her pools and walked around in the rain and then she swam some more. She quacked the whole time, too. When we forget to lock her in at night or someone lets her out early, she gets out and quacks to her heart's content. Not much fun when one is sleeping or trying to, but she is trying to quack Lefty into coming out and then into coming back from foraging for bird seed dropped by the birds. Then Penelope starts in grunting and squealing to go out and play, also. I guess we live in a barnyard, for now.

Despite the frequent rain showers, we had a good Memorial weekend, When weren't working we enjoyed fun with friends. The rivers and lakes are really high, but that makes less worry for crops and future droughts.

Thursday, May 29, Norway Memorial Library, 6:30 to 8:30 Living Sustainably Presentation "The Importance of Bees" Oxford Hills Beekeepers Assoc. Free and Open to the public. FMI please call 743-5309 ext. 1.

Friday, May 30, Norway, Pasta supper, 5:30 p.m. Guy E. Rowe School, 219 Main Street. Benefit Norway Youth Softball.

Saturday, May 31, Norway, 10 a.m. Composting Workshop, Alan Day Community Garden, 26 Whitman Street. Free.

Saturday, May 31, Norway, annual book sale, yard and plant sale, First Universalist Church, 9 a.m. to 1 p.m. Rain or shine.

Saturday, May 31, Bethel Library Plant Sale, 9-10 a.m. 5 Broad Street. FMI call: 824-2520.

Monday, June 2, Waterford Library, Knitting group 2 to 4 p.m. FMI 583-2050.

Monday, June 2 at 6:30 p.m. at Waterford Library, Socrates Café. FMI call 583-2050.

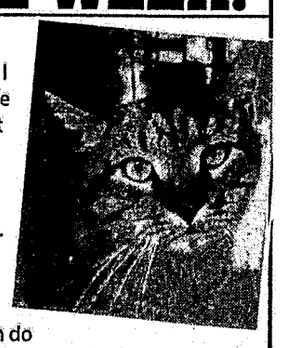
That is all for this week. Have a great week and watch out for sun, bugs and stray animals. Anyone having anything they want to put into this column, please call 743-0583.

ADOPT

love gratitude happiness *companionship.*

PET OF THE WEEK:

I'm Mr. Claus



I try to act like a tough guy and pretend I don't care; but behind my rugged facade there is the heart of a pussy cat. You just have to rub my chin to let it out.

I was caught in a trap. My left, front leg lost the circulation and it was not viable. The veterinarian removed it and I'm not in pain any more.

I can do everything all the other cats can do except play outside. That's okay. I won't mind staying in when I know that I'm in my forever home.

Responsible Pet Care of Oxford Hills is a no-kill, non-profit shelter and adoption center for cats and dogs; and the holding area for stray dogs for 12 towns in Oxford County.

Anyone interested in adopting a pet from RPC can visit the shelter at 9 Swallow Road in South Paris Tuesday-Sunday 12-4 p.m. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com.

For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.

Pet of the Week is Proudly Sponsored By

BETHEL ANIMAL HOSPITAL
179 Walkers Mills Road ~ Route 26
Bethel, Maine 04217
(207) 824-2212
bahvets@megalink.net

Bethel Animal Hospital offers laser therapy, acupuncture, and herbal supplements to complement (or replace) traditional drug therapies.

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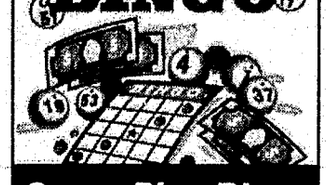
Bethel, Maine 04217

BINGO



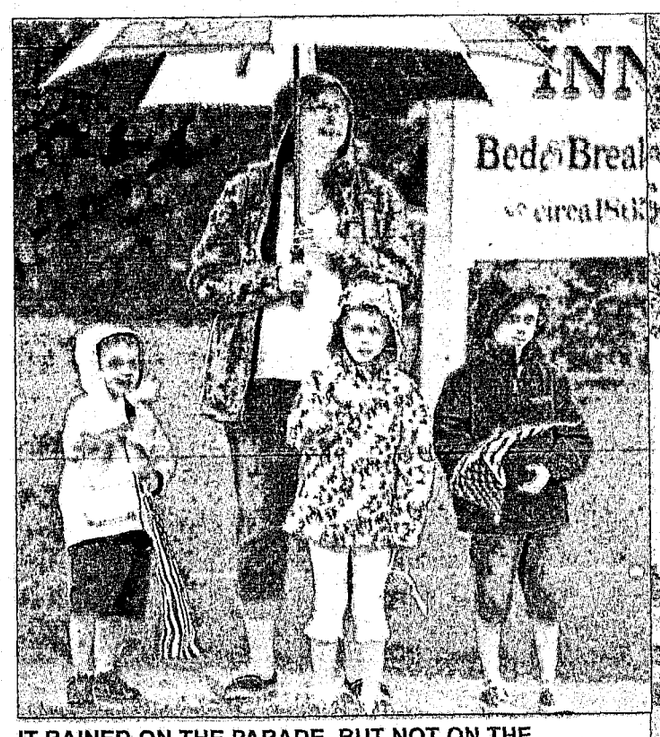
Come Play Bingo Every Friday!

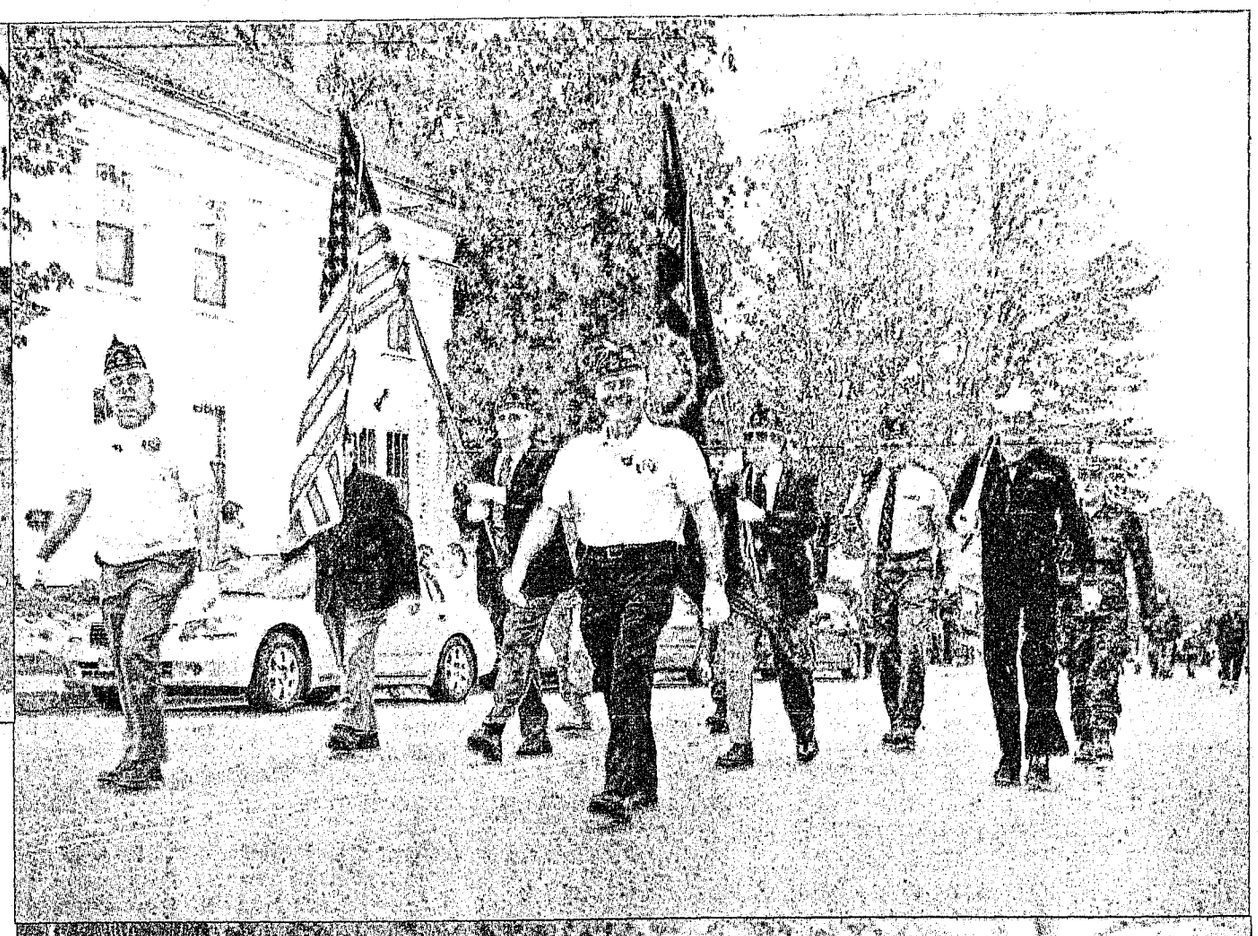
Raffles
Great Selection of Pull Tabs
Winner Takes All
State Limit Paid Out
Sealed Ticket Early Bird
Doors Open at 3pm
Games at 6pm

LOCKE MILLS
American Legion Post 68
Gore Road, Locke Mills 875-2375
~ *Hall Rentals Available* ~

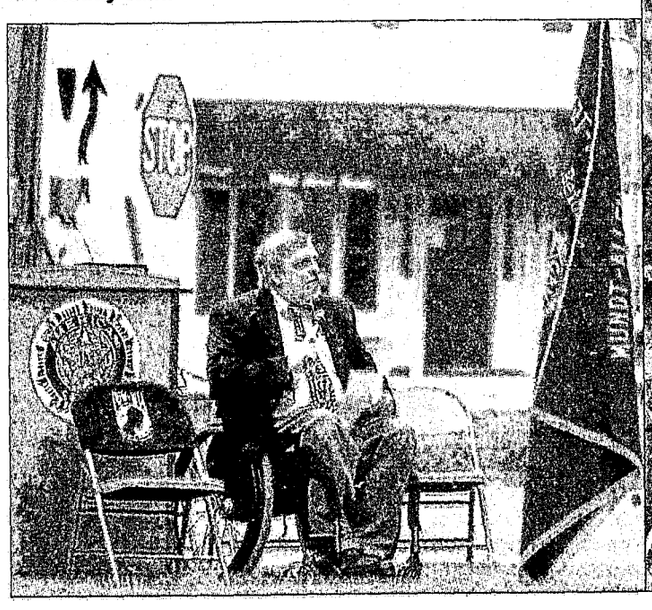
MAY 29 2014

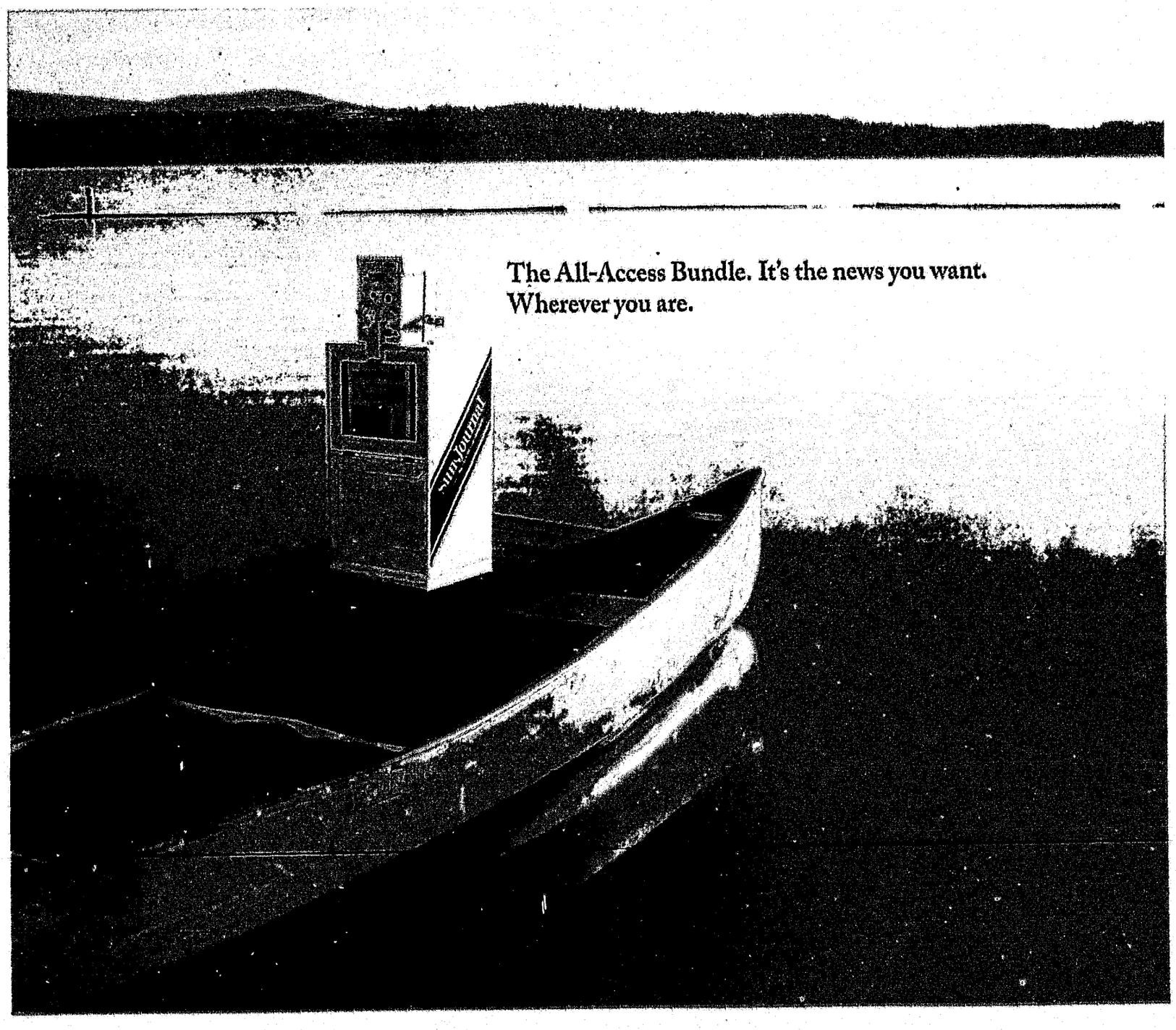
BETHEL MEMORIAL DAY OBSERVANCE





IT RAINED ON THE PARADE, BUT NOT ON THE SENTIMENT-Last weekend's on-again, off-again rain and sunshine caught Bethel's Memorial Day parade in an on-again phase, but it did not deter the marchers or an appreciative crowd of onlookers. As veterans marched up Main Street (top right), youngsters on Church Street waved and gave the thumbs-up sign (top left). Below, the Hon. William Schneider, who served recently as Maine's Attorney General under the LePage administration, was the keynote speaker at the observance on the Common. Here he addresses the crowd (right), which gathered under umbrellas and the trees to try to escape the steady rain.





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MAY 29 2014

Sports

High School Varsity Softball

Telstar 5, Oak Hill 1; May 21 – Telstar defeated Oak Hill led by Autum Morin with 2 triples and Jessica Dirago's 10 strikeouts and giving up only three hits. The Rebels used a 5 run fifth inning to seal the victory. Sadie Ellsworth reached on an error and three singles by Tehya johnsn, Tori Ryerson and Hayley Peterson plated 3 runs and after an out, an RBI single by Aislinn Forbes and Autum's 2nd triple drove in the final two runs. Hayley Peterson made a fine running catch in the 7th inning to prevent a Raider comeback. Tehya Johnson had two hits for the Rebels. Telstar is now 8-2 on the season. – Coach Lunney

Dirigo 1, Telstar 0; May 23 – Telstar softball suffered a tough loss to Dirigo. Jessica Dirago tossed a 1-hitter, struck out 12 and allowed only one run but the Rebels were not able to generate much offense against the Dirigo team. Autum Morin and Jessica got the only Rebel hits and the team fell to 8-3 on the season. – Coach Lunney

Hall Dale 5, Telstar 2; May 26 – Telstar softball lost to a strong Hall Dale team on Monday. The Rebels had 6 hits, led by Sadie Ellsworth and Hayley Peterson with 2 hits apiece but were unable to get the timely hit as the Rebel team left 12 runners on base. The Rebels threatened in every inning but the 2nd; however, they were only able to push across 1 run in the 4th and 1 run in the 7th inning to fall short in the scoring. Jessica Dirago struck out 11 and allowed only 6 hits but untimely walks and timely hitting by the Bull Dogs took its toll during the game. The Rebels are 8-4 on the season. – Coach Lunney

High School JV Softball

Telstar 10, Oak Hill 5; May 22 – The Telstar Lady Rebels traveled to Oak Hill and defeated the Raiders for their third win of the season. Olivia York pitched all 7 innings surrendering 5 runs, 5 hits, 8 walks, and 10 strikeouts. The defense behind her stepped up and played very well keeping the Oak Hill offense off the bases. Tehya Johnson led the team with 2 singles and 1 RBI, Maddie Prentice had a double with 2 RBIs, Lisa Gammon, Olivia York, Blair Stevens, Wynter Morin, and Emily Philbrick all had singles. Philbrick's came from a perfectly executed bunt in the 7th. The team had 7 RBI's total which shows huge team growth helping to score runners in scoring position when the opportunity presented itself. This was a great team effort heading into the final week of the season next week. – Coach Kenney

Middle School JV Softball

Telstar 11, St. Dom's 1; May 20 – Telstar Middle School Girls Varsity Softball Team was back in action Tuesday beating visiting St. Dom's in a mercy rule 5 inning game. The Telstar infield and outfield was once again error free compiling 9 outs on ground balls and fly outs. Lauren Merrill pitched all 5 innings striking out 6 batters and giving up 1 hit and 4 base-on balls. Leading the lady Rebels offense with 2 hits apiece were Ashley Childs, Taylor Mason, Lauren Merrill, and Morgan Prentice. Girls with 1 hit were Jordan Mitchell and Caroline Finley, who had her first triple of the year! The girls so far this year have outscored their opponents in runs by 79 to 14. This win improves Telstar's record to 6 wins no losses! Great job, ladies! – Coach Merrill

High School Varsity Baseball

Dirigo 3, Telstar 0; May 23 – The Rebel boys lost a close one in Dixfield. Logan Bartlett pitched 6 near perfect innings and was backed by some really good defense. "We just couldn't get any offense going. I thought we might have a chance in the top of seventh when Zack Mills was on second and Josh Eliot was on first with only one out, but we just couldn't do it." Chris Chappie and Hunter Williamson had good hits earlier in the game. The Rebel defense looked the best it has all year. "We had an error in the first that ultimately led to two runs scoring and we had a passed ball in the fourth that let in the third run. There were a lot of balls hit everywhere and the guys made the plays. Rem and I were very happy with our defensive play and our pitching." – Coach Eliot

Hall Dale 7, Telstar 1; May 26 – The Rebel boys gave Hall Dale a run for their money through the first five innings. When the Rebels took the field in the sixth it was a 3 to 1 game. Hale Dale would go on to score 3 runs off errors and open their lead to 6 to 1. Reggie Westleigh did an excellent job on the mound for the Rebels. He threw strikes and kept the batters timing off. Nik Conrad provided the Rebels with their only run in the first inning. Hunter Williamson, Nik Conrad, Tanner Wheeler, and Logan Bartlett all had good hits. – Coach Eliot

High School Girls' Track

Meet at Telstar, May 20 – St. Dom's 135, Carrabec 95, Mt. Valley 71, Telstar 37, Madison 26. 100m Dash: 4. India Orino 14.3. 400m Dash: 1. Casey Blaszczak 1:06.6. 200m Dash: 4. India Orino 30.2; 5. Casey Blaszczak 30.4. 3200m Run: 1. Gabi Stone 13:20.4. Shot Put: 4. Sequera Lavender 21.10.0. Javelin: 11. Sequera Lavender 44.09.0. Discus: 3. India Orino 66.03.5; 4. Sequera Lavender 60.10.0.

High School Boys' Track

Meet at Telstar, May 20 – Madison 157, Mt. Valley 110, Telstar 99, St. Dom's 69, Carrabec 50, Gould Academy 24, Valley 14. 100m Dash: 4. Maverik Griffin (THS) 11.8; 12. Kellen True (THS) 12.5; 17. Skyler Harlow (THS) 13.4. 1600m Run: 1. Bronson Dean (THS) 4:57.2; 3. Matthew Bennett (GA) 5:11.8; 10. Liam Gallagher (THS) 5:49.0. 400m Dash: 1. Maverik Griffin (THS) 54.5; 8. John Brooks (THS) 62.1. 300m Hurdles: 2. Kellen True (THS) 46.0; 3. Avry Griffin (THS) 46.3. 800m Run: 1. Bronson Dean (THS) 2:19.7; 2. Matthew Bennett (GA) 2:20.4; 4. Liam Gallagher (THS) 2:32.5. 200m Dash: 1. Maverik Griffin (THS) 24.2; 7. Kellen True (THS) 25.4; 14. John Brooks (THS) 27.1; 17. Skyler Harlow 29.3. 3200 Run: 1. Henry Smithers (GA) 9:57.7; 2. Josef Andrews (THS) 10:26.3; 3. Greg Wheeler (THS) 11:43.6. Shot Put: 5. Elijah Mason (THS) 30.04.0. Javelin: 7. John Brooks (THS) 92.08.0; 8. Elijah Mason (THS) 92.02.0. Long Jump: 8. Skyler Harlow (THS) 13.08.0. High Jump: 2. Avry Griffin (THS) 5.02.0. Discus: 4. Avry Griffin (THS) 71.03.5; 6. Elijah Mason (THS) 68.00.0; 9. Kellen True (THS) 48.05.5. Triple Jump: 2. Avry Griffin (THS) 37.08.5.

Telstar 5k race to benefit animal shelter

Students in the 7th/8th grade Advanced Art Class at Telstar Middle School will present the "Make It Pawsable 5K & Field Day Challenge" event on Friday June 13, at Telstar. The event will start at 11:45 a.m. and end at 2:00 pm. All money raised at this event will benefit the new Bethel animal shelter, Heart of the Mountains. You can visit this organization on the web at www.heartofthemountains.org.

In this event, participants can choose to register either for a 5K race around the Telstar track, or they can sign up with a team of four to compete in the Field Day Challenge, which will be held in the center of the track. Prizes will be awarded to the first, second, and third place 5K racers, as well as the first, second, and third Field Day Challenge teams. All participants are encouraged to dress in animal-themed costumes, and there will be prizes for the best individual animal costume and the best team animal costumes.

The event is open to everyone ages 10 and up, and the registration fee is $5.00 per person. To register, visit the Make It Pawsable project website - http://makeitpawsable.wix.com/telstar to get a digital download of the registration form. The deadline for registration is June 5th at 2:30pm. For additional details about this event, contact Melissa Prescott, TMS Visual Art Teacher - prescotm@sad44.org.

School Lunch Menu

SAD 44 Elementary School Lunches
May 29 through June 6

Thursday: Italian Dunkers with meat dipping sauce or Sun Butter and jelly on wholegrain bread with yogurt, steamed broccoli, mixed fruit, fruit choice.

Friday: Cheese or hamburger pizza or Sun Butter and Fluff on wholegrain bread with yogurt, four-bean salad, cucumber slices, strawberry cup.

Monday: Popcorn chicken with pasta or Sun Butter and jelly on wholegrain bread, Caesar Salad, green beans, peaches, kiwi.

Tuesday: Beefy nachos or Sun Butter and jelly on wholegrain bread, carrot and celery sticks with dip, grapes.

Wednesday: Chicken patty on a wholegrain bun with lettuce and tomato or Sun Butter and jelly on wholegrain bread, steamed sweetened carrots, bananas, fruit choice.

Thursday: School pizza or Sun Butter and jelly on wholegrain bread, 4-bean salad, seasoned broccoli, strawberry cup or fruit of choice.

Friday: Cheeseburger on a wholegrain bun or Sun Butter and Fluff on wholegrain bread with cheese stick, oven fries, cherry tomatoes, veggie choice, watermelon.

Local musicians in Waterford benefit

Music Fest: A Celebration of Local Artists, a lively mixture of folk, bluegrass, blues and jazz from the local area will rock the rafters of the Wilkins House in Waterford on Friday, June 6 beginning at 7 p.m. Area musicians have generously donated their talents to raise funds for the Waterford Emergency Fuel Fund, which provides oil, propane, K1 or wood to Waterford residents in emergency situations. A donation of $10 per person is suggested.

The event brings six talented performance acts to the Wilkins stage. They include Colin Holme's bluegrass group, Skip Green and his group Waterford Slim and Friends' brand of blues, Don Chase and the Maine-iac Mountaineers featuring old-time music – bluegrass, country, and folk, singer-songwriter Davy Sturtevant, the unique jazz of Bill Mead and Jun Hou's Springwater Music, and high school vocalist Shannon Fillebrown, recent winner of the Lakes Region's Got Talent Contest. Waterford musician and educator Jane Morse will serve as mistress of ceremonies and lead the audience in a sing-along at the close. Morse called the talent pool from Waterford and the surrounding area "very rich."

Music Fest is sponsored by The Waterford Congregation Church. The event is being held next door to the Church at the Wilkins House, 19 Plummer Hill Road. There will be an intermission and refreshments will be available. When this event was held two years ago, the musicians played to a packed and highly receptive house.

Town swim programs for the summer

This summer's swim programs to be held by the towns of Bethel, West Paris and Woodstock will once again feature Red Cross Instructor Ellie Kingsbury. Information for the programs is now at the local Town Offices. Please stop by and sign your child up for an exciting, fun swim program. The cost of the program is $10 per child for town residents and $15 per child for non-residents.

The dates for the programs are as follows:

Town of Bethel Swim Program: Tuesday, June 24 through Friday, June 11.

Town of West Paris Swim Program: Monday, July 14 through Friday, July 25.

Town of Woodstock Swim Program: Monday, July 28 through Friday, Aug. 8.

There are no classes on the weekends.

Universalist Church Rhubarb Festival

The First Universalist Church of West Paris will hold its fourth annual Rhubarb Festival and white elephant sale on Saturday, June 7, at the church on Main Street, 9 a.m. to noon.

This event has become a greatly anticipated happening, with rhubarb enthusiasts from all over coming to get homemade confections made with the base ingredient of rhubarb, most notably, the pies, as well as muffins, sauces and jams. The Rhubarb Festival also features a white elephant sale this year.

For more information please contact Beverly Stevens at 739-0767, bstevens@megalink.net, or Suzanne Dunham at dunhamfarm@msn.com, or 665-2967.

REGULAR MEETINGS AND EVENTS

MUNICIPAL

Bethel Selectmen: Second Monday of the month, 7 p.m., Town Office.

Bethel Planning Board: Second and fourth Wednesdays of the month, 7 p.m., Town Office.

Bethel Water District: Third Tuesday of the month, 7 p.m., Town Office.

Gilead Selectmen: Second Wednesdays of the month, 6 p.m., Town Office

Gilead Planning Board: First Thursdaysof the month, 7 p.m., Town Office.

Greenwood Selectmen: First and third Tuesdays of the month, 5 p.m., Town Office.

Hanover Selectmen: Third Tuesday of the month, 6 p.m. unless otherwise posted.

Hanover Planning Board: First Wednesday, 6 p.m.

Newry Selectmen: First and third Tuesdays of the month, 4:30 p.m., Town Office.

Newry Planning Board: First and third Wednesdays of the month, 7 p.m., Town Office.

Woodstock Selectmen: First and third Tuesdays, 5 p.m., Town Office.

Woodstock Planning Board: First and third Tuesdays, 7 p.m., Town Office

SAD 44 School Board: Second Monday of the month, 6:30 p.m., Telstar High School (occasionally meet at other schools; call 824-2185 for info).

ORGANIZATIONS

Andover

Sundays, 6 p.m. Andover School Withdrawal Committee meets.

Mondays and Tuesdays, 4:30 p.m.-Andover Fitness Club, Andover Elementary School gym,

Bethel

First Sunday of month, 7 p.m. - Bethel Snow Twisters at 208 Walkers Mills Rd.

Third Sunday of each month, 9 a.m. - Breakfast open to the public at no charge at Bethel Church of the Nazarene.

Tuesdays, 5:30 p.m. - Bethel Bicycle/Western Maine Velo road cycling rides, departing from Bethel Bicycle. Please call 824-0100 for more information and/or go to our FB page, all rides are posted there.

First Wednesday, 6:30-8 p.m. - Lyme Disease Support & Education Group at Beacon House Peer Center, 3 Canal St. Rumford. FMI: 357-1926 or 824-3076.

Third Wednesday, 6:30-8 p.m. - Lyme Disease Support & Education Group at Telstar High School Library. FMI: 357-1926 or 824-3076.

Last Wednesday of the month, 4:30 to 6 p.m.- Community Supper at Bethel Alliance Church. No charge. FMI: 207-824-2289.

Thursdays, 10 to 11 a.m. - Story Time for Children at Bethel Library (story plus craft) with participating mothers. October thru April. FMI: call 824-2520.

Second Thursday of the month, 10 a.m. to noon; fourth Thursday, 10 a.m. to 2 p.m. - Cross Country Quilters of Pine Tree Quilt Guild of Maine meet at Moses Mason House Barn, corner of Broad and Mason streets, Bethel. All quilters welcome. FMI: e-mail Pat McCartney at p_quilts@yahoo.com or call Kathy Thrall at 824-3111.

Woodstock

Second Saturday of month, 6 p.m. - Woodstock Historical Society meeting at the Museum.

Norway/Paris/West Paris

Tuesdays 7:30 to 8:30 p.m.-West Paris Baptist Church group to foster wellness for anyone searching for faith based support. The group is intended for those facing the challenges of grief, loss, addiction, codependency, and abuse issues. Light refreshments will be provided.

Third Wednesday of the month, Women's Imaging Center, Stephens Memorial Hospital, Norway, offering professional prosthetic and bra fittings for women on For appointment call 743-5993 Ext. 6851.

Second Thursday of the month, 9:30 to 11:30 a.m. at the Harper Conference Center, Ripley Medical Office Building, 193 Main Street, Norway. Staying on Your Feet, a free one-time course for adults aged 60 and over. Course includes balance screening, blood pressure check, leg-strength measurement, and education on staying fit.

Fridays 9:15 a.m. - Oxford Hills Duplicate Bridge, Norway. For more information, call Les Buzzell at 783-4153 or 754-9153; or e-mail: buzz116@myfairpoint.net.

Hebron

Sundays 2:30 to 4:30 p.m.- Seasonal Public Skating, Robinson Arena, Hebron. Adults, $3/Children 12 and under, $2/WinterKids Passport holders, free. FMI: 966-2100.

SUPPORT SERVICES

SAFE Voices

Safe Voices serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24 hour hotline 1-800-559-2927

REACH

Rape Education and Crisis Hotline 1-800-871-7741. Sexual assault/sexual abuse hotline, same number. Support groups and awareness education, past or present victims of abuse.

AA Meetings/Addiction help

Bethel Freedom Group. Open Discussion Meeting. Saturdays at 4:30 in the Snow Cap Inn conference room, next to the fitness room. Sunday River. Seasonal, Thanksgiving through April 1. Big Book Meeting Sundays at 6 p.m. at the United Methodist Church, Main Street. 12 Step/Traditions Meeting Tuesdays at 6pm at the United Methodist Church, Main Street. Candlelight Discussion Meeting Fridays at 6 p.m. at Bethel United Methodist Church, Main Street.

People in recovery from alcohol/drug addiction may need to move to a Next Step group. Open to everyone who feels they may benefit from a change. FMI: Laurence Austin at 824-4077 (calls confidential)

Cancer Wellness

Support and Education for cancer patients, survivors and caregivers. Every Thursday, 1:30 to 3 p.m. Rumford Hospital, Room 357. (877) 336-7287. Call to confirm in stormy weather.

Exchanges/Pantries

Clothing Exchange

Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4, Thursday 4 to 6, Saturday, 10 to 12. Donations of gently-used clothing only accepted during open hours. No exceptions. 824-4090. Clothing may also be dropped off at Northeast Bank on Main Street.

Food Pantry

The Bethel Food Pantry serves residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton, and Woodstock.

The Food Pantry is open on the second Monday of each month from noon until 8 p.m. Anyone who needs food should come during those hours, without appointment. The Food Pantry is located in the basement of the Nazarene Church, 16 Church Street in Bethel by the side entrance on Park Street.

MAY 29 2014

County Democrats hold candidate forum

The Oxford County Democrats held a successful forum for the contenders for the Democratic nomination in Congressional District 2 on May 22 at the Town Office Meeting Room in South Paris. Senators Troy Jackson of Allagash and Emily Cain of Orono fielded questions from an audience of more than 50, in addition to offering opening and closing statements. House District candidate Bob Kirchherr of South Paris moderated the forum and NPCTV filmed the event to be aired prior to the June 10 Primary Election.

Prior to the forum, the Oxford County Democrats held an informal social hour with both Cain and Jackson in attendance at the South Paris Democratic Office at 21 Market Square. Other candidates in attendance at the social included State Senate candidates Senator John Patrick of Rumford, District 18, Rose Rogers-Wells of Brownfield, District 19, House candidates Callie Pecunies of Albany Township, District 117, Dennise Whitley of Norway, District 71, Bob Kirchherr of South Paris, District 73, Register of Deeds Pat Shearman of Norway, and County Treasurer Roy Gedat. Rep. Terry Hayes, running for County Commissioner, attended the forum. A ribbon cutting was held with both Congressional candidates doing the honors. This office is one of three in Oxford County. Other offices are at 171 Main Street in Bethel and 1125 Route 2 in Rumford. Opening events will be held in June for the Bethel and Rumford offices.

Upcoming events include the Maine Democratic Party Convention on May 30 and 31, and a Recognition Dinner in honor of Rep. Sheryl Briggs at the Legion Hall in Dixfield on June 19.

For information these and other events relating to the Oxford County Democrats visit https://www.facebook.com/OxfordCountyDems or call 875-2116 to reach the County Chair Cathy Newell.

West Paris Universalist Church services

June worship services will conclude services until September. Please join us at the First Universalist Church of West Paris. All are welcome to attend at 9 a.m. followed by a coffee hour. See you in September!

The Sumner First Universalist Church offers worship services at 11 a.m. during the months of July and August, and is located at 1148 Main Street, West Sumner.

June 1: "Blessing the Animals" led by the church's worship service committee, this service is a way to express our appreciation of our domesticated and wild animals. People attending are encouraged to bring their pet or a photograph of a pet or wild animal that has particular meaning to you.

June 8: "Mary Magdala" led by The Reverend Fayre. There has been a two thousand year obsession with Mary Magdalene, sometimes called, "the saintly sinner." In recent years interest has been stirred in the wake of theories put forth in "The Da Vinci Code" and "Holy Blood, Holy Grail." At this service we will explore Mary Magdalene's Gnostic roots and how her depiction has influenced how women have been regarded historically.

June 15: First Universalist Church members will attend worship services at the Mission Congregational Church, West Paris, as has become an annual practice of visiting each other's church.

June 22: "Flower Communion" led by The Reverend Fayre Stephenson. You are invited to bring flowers from your garden but, don't worry, if you don't have a flower garden, there will be plenty of flowers to share.

For more information about the church and services, please call Marta Clements, 674-2143. You can also visit http://www.uua.org/ to learn more about Unitarian Universalist Association of Congregations.

COMMUNITY CALENDAR

District Exchange; Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4 p.m., Thursday 4 to 6 p.m., Saturday, 10 a.m. to 12 noon. Donations of gently-used clothing only accepted during open hours – No exceptions. FMI: 824-4090. Clothing may also be left at Northeast Bank, Main Street, Bethel Monday through Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday 9 a.m. to 5 p.m.; and Saturday 9 a.m. to 12 noon.

Bethel Area Food Pantry; serving the residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton and Woodstock. The Food Pantry is open on the second Monday of each month from noon to 8 p.m. Anyone in need of food should come during those hours, without appointment. The Food pantry is located in the basement of the Nazarene Church, 16 Church Street, Bethel, by the side entrance on Park Street.

8.5K Trail Race Series; Fourth Friday of the month, May through September, 5:30 p.m., Roberts Farm Preserve, Norway. Series details and registration available at www.back40timing.com. Entry fee: $15 per race or $60 for the series. Prizes awarded to top male and female include 1st $250, 2nd $125 and 3rd $50.

Free Golf for Maine Residents; Wednesdays at the Bethel Inn. Cart rental, tee times and proof of residency are required. FMI/Tee time reservations: 824-2175 ext. 402, 800-654-0125 or www.bethelinn.com.

Thursday, May 29

BANC Community Fair; 5 to 7 p.m., Bethel Historical Society. The public is invited to stop by, enjoy some refreshments, and learn about some exciting projects and volunteer opportunities offered by our community's nonprofits. These organizations add incredible value to the community, and they invite fellow community members to get involved.

Dandelion Medicine and Friends; 6:30 to 8:30 p.m., Telstar High School Room 133. $12 per person. Join herbalist Darlene Akers, "Diva of the Weeds" and operator of Dragonfly Healing Nest on a journey to meet Dandelion and his friends. Dandy's qualities, what parts to harvest and when, what medicine and food can be made will be discussed. Plantain, Chickweed, Burdock, Violet and more will also be discussed. This will be a fun evening of exploring the world of wild plants, their gifts to us and ways we can honor them in our yards and the world around us. $12 per person. FMI/Registration: MSAD 44 Adult Education (824-2780).

"Living Sustainably" Presentation; 6:30 to 8:30, Norway Memorial Library. "Importance of Bees" with Oxford Hills Bee Keepers Association. Free and open to the public. FMI/registration: 743-5309 ext. 1.

Saturday, May 31

ATV Trail Maintenance Workshop; 8:30 a.m. to 12 p.m., Pulpit Rock Trail Blazah's trail system, North Waterford. This event is a walking tour on flat ground, rain or shine. Please wear appropriate footwear and clothing. The workshop will involve a field visit to an ATV trail problem site to demonstrate some of the BMPs that can be applied. Coffee and snacks will be provided. Pre-registration: Michele Windsor (743-5789 Ext 101). Directions to the workshop location will be provided upon registration and there will be directional signage at the intersection of Route 118 and Valley Road in North Waterford.

Bethel Library Plant Sale; 9 to 10 a.m. On the lawn next to the Bethel Library at 5 Broad Street. Buy affordable perennials donated by local gardeners. Between 9:15 and 9:30 we will be giving away free gifts. If you'd like to donate plants or want more information, call the library at 824-2520 or Susan Day at 824-2741 or Susan Parker at 824-4767. The sale takes place rain or shine.

Pay it Forward 5k; 9 a.m. (race-day registration 8 a.m., Oxford Hills Middle School South Campus, 18 Madison Avenue, Oxford (adjacent to Ocean State Job Lots). Preregistration: running4free.com. A short awards ceremony will follow the race.

Archery Workshop; 11 a.m. to 2 p.m., Maine Wildlife Park, Gray. Join Ron Fournier, certified Firearm & Archery Safety Instructor for the Maine Dept. of Inland Fisheries and Wildlife and University of Maine 4-H Camp & Learning Center in Bryant Pond, for hands-on fun and practice with a great introduction to the safe sport of archery!

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Old fashioned dance music. Adults: $5.

Sunday, June 1

Ellis River Riders Showmanship Clinic; 10 a.m. to 2 p.m., Ellis River Riders show grounds, Airport Road, Andover. This clinic will offer the opportunity to see an Open Show from the judge's view.

"Seasons of Love" by Da Capo; 4 p.m., Brick Church for the Performing Arts, 502 Christian Hill Road, Lovell. Tickets: $10/adults, $5/children 12 and under. FMI: 925-1500 or www.lovellbrickchurch.org.

Monday, June 2

TMS Grade 6 Science Fair; 6 to 7:30 p.m., Telstar Middle/High School Cafeteria.

Tuesday, June 3

Reputation Management in the Digital Age and Working with the Media; 9 a.m., the Bethel Inn, 21 Broad Street, Bethel. FMI/Registration: www.wmedc.org or Mia Purcell (739-6543 or mpurcell@community-concepts.org).

TMS Spring Sports Awards; 3:45 to 5 p.m., Telstar Auditorium.

Senior Scholarship Night; 7 p.m., Telstar Auditorium.

Wednesday, June 4

MLT: Changing Nature of Gardening; 7 p.m., Rumford Public Library, 56 Rumford Avenue, Rumford. Barbara Murphy, U-Maine Extension Educator, will lead this discussion on building resilience in your garden now to adapt to the bagaries of old age as well as climate change. FMI: www.mahoosuc .org or 824-3806.

Thursday, June 5

A Coming Together/Senior Night; 7 p.m., Telstar Auditorium

Friday, June 6

First Friday Reception; 5 to 8 p.m., Frost Farm Gallery, 272 Pikes Hill, Norway. The show, titled "Finders, Keepers: Remembrances in Glass," will feature unusual, and unexpected, stained glasswork by Rick Carney. Music will be provided by the OHCHS String Quartet and the Note-A-Belles. Free and open to the public.

THS Graduation; 7 p.m., Lower athletic field, Telstar.

Music Fest: A Celebration of Local Artists; 7 p.m., Wilkins House, 19 Plummer Road, Waterford. Performances by Colin Holme's bluegrass group, Waterford Slim and Frends, Don Chase and the Maine-iac Mountaineers, Davy Sturtevant, Bill Mead and Jun Hou's Springwater Music and "Lake Region's Got Talent" winner Shannon Fillebrown. Suggested donation: $10 per person. Proceeds to benefit Waterford's Emergency Fuel Fund.

Saturday, June 7

Produce Pursuit 5k Run/Walk; Woodstock Elementary School. Registration opens at 7 a.m. Free 1-mile fun run for kids 12 and under at 8 a.m. 5k at 9 a.m. Awards at 10:30. Registration for 5k: $20 per person ages 13 and up, $4 kids 12 and under. First 100 registered get a free T-shirt. Proceeds benefit the WES Healthy Snack Fund.

4th Annual Rhubarb Festival; 9 a.m. to noon, First Universalist Church of West Paris. Homemade pies, muffins, sauces, jams and more. This year's festival also features a white elephant sale. FMI: Beverly Stevens (739-0767 or bstevens@megalink.net) or Suzanne Dunham (dunhamfarm@msn.com or 665-2967).

MLT Trail Work Day; 9 a.m., Rumford Whitecap. Interested volunteers should meet in the parking area on East Andover Road, Rumford. Please wear appropriate work clothing and footwear. Bring bug and sun protection, water, snacks and lunch as well as light tools such as rakes, clippers, work gloves, etc. Refreshments will be served at the end of the work day. FMI: Jolan Ippolito, Mahoosuc Land Trust (824-3806 or jolan@mahoosuc.org).

Community Lakes Assn. Meeting; 9 a.m., Woodstock Town Office. Agenda includes discussing the future of the Assn., planning the July 12 annual meeting, recommending a slate of officers to be elected and more.

L.L. Bean Camping Demonstration; 11 a.m. to 2 p.m., Maine Wildlife Park, Gray. Professional L.L. Bean Outdoors Staff will set up a model campsite using famous L.L. Bean equipment as well as exhibits and displays about Bean's Outdoor Discovery School's Adventures and raffle for a free L.L. Bean backpack and gift certificate.

Sunday, June 8

Annual Canoe/Kayak Race; Bethel Outdoor Adventure. Registration: 8:30 to 10 a.m. Race briefing: 10:30 a.m. Race starts: 11:30 a.m. Classes for Canoes (C1 & C2) and Kayaks: Racing, Recreational, Kids'. $14 entry fee includes BBQ lunch ($10 BBQ for non-racers). FMI: Jeff and Pattie Parsons (824-4224).

Mary E. Valentine Wing Tour; 2 to 4 p.m., Bethel Historical Society.

Monday, June 9

Worm Bin Workshop; 1 p.m., Greenwood Town Hall. This 2-hour workshop will teach you how to assemble your bin, maintain it, and harvest worm castings to use as valuable plant food for your gardens and house plants. All students will come home with a FREE worm bin of their own! Space is limited to 10 students, so please reserve your space today. A $10 donation to the Bethel Area Chamber of Commerce is suggested. FMI/Reservations: Laurie Herron (207-838-4447 or laurie@royalrivergraphics.com).

Tuesday, June 10

Top 10 Ways to Market Your Business Online; 10 to 11 a.m., Norway Town Office, 19 Danforth Street, Norway. Oxford Hills SCORE and Dream Local Digital present a one-hour FREE workshop introducing the best social media and online marketing strategies to promote businesses and products. Program presenter: Aimee Bermudez, Business Development Strategist at Dream Local Digistal. FMI/Registration: Rebecca Dowse (743-0499 or dowse@roadrunner.com).

Wednesday, June 11

Working Forest Bus Tour; 8 a.m. to 2:30 p.m., Irving Sawmill, Dixfield. This tour is designed to help guests appreciate Maine's working forest. $10 per person (includes lunch). Rain date: June 12. FMI/Registration: Arika Galkowski (778-5887 or agalkowski@greaterfranklin.com) or Mia Purcell (739-6543 or mpurcell@community-concepts.org).

Bethel Senior Citizens Meeting; 11 a.m. Menu: Summer salads and rolls for sandwiches. Price: $10. Reservations must be made before June 1 by calling Arlene Lowell at 824-2877.

Thursday, June 12

Wind Energy Presentation; 2 p.m., Whitman Memorial Library, Bryant Pond. Todd Presson of Patriot's Renewables and Spruce Mountain Wind will present "Wind energy – an increasingly important source of power for our region." Light refreshments will be served.

Saturday, June 14

Attic Treasures and Food Sale; 8 a.m. to 12 p.m., Locke's Mills Union Church. Sponsored by the Ladies Circle.

Ellis River Riders Western Dressage Clinic; 9 a.m. to 4 p.m., Ellis River Riders show grounds, Airport Road, Andover. Spectators are welcome to come and watch riders learn about a new type of show in the equestrian world.

Tuesday, June 17

Invasive Forest Pest Training; 9 a.m. to 1 p.m., Norway Municipal Building, 19 Danforth Street, Norway. Workshop geared toward training people to recognize Asian long-horned beetle (ALB), emerald ash borer (EAB), hemlock wooly adelgid (HWA) and other forest pests. These invasive pests pose serious threats to the trees and forests of Maine. The best defense is early detection by people who work with trees and by those who enjoy the outdoors. FMI/Registration: Lorraine Taft (Lorraine.taft@gmail.com or 832-6241).

Thursday, June 19

Cruise Night; 5:30 p.m., Breau's Too parking lot, Bryant Pond. FMI: 665-2554.

Saturday, June 21

Ellis River Riders Game Show; 9 a.m., Ellis River Riders show grounds, Airport Road, Andover. Watch the fun and enjoy a meal from the food booth.

Summer Solstice Farmers' Market; Maine Wildlife Park. Free admission 4 to 8 p.m.

Sunday, June 22

Ellis River Riders Open Show; 9 a.m., Ellis River Riders show grounds, Airport Road, Andover. Spectators are welcome to come watch and the food booth will be open to enjoy a meal.

Saturday, June 28

Franklin Grange Indoor Yard Sale; 8 a.m. to 2 p.m., Grange Hall, Main Street, Bryant Pond. Tables available to rent: 4-foot $4, 6-foot $6, 8-foot $8. Refreshments and beverages will be on sale throughout the day. Proceeds to benefit the Franklin Grange 124 Building Maintenance Fund. FMI/Table reservations: Pat (674-3241).

Friday, July 4

Shy, Novice & Closeted Artisan's Soiree; 7 p.m., 18 High Street, Bethel (directly behind Key Bank) Seeking "shy, novice and/or closeted" musician or band to play. FMI: Janet Willie (824-3889 or janetwillie@yahoo.com.

Saturday, July 5

10th Annual Shy, Novice & Closeted Art Show; 18 High Street, Bethel (directly behind Key Bank). A low-key, low-pressure event providing the opportunity and encouragement for artists to show their work. All ages, mediums and skill-levels accepted. FMI/participation: www.shynoviceclosetedartshow.com or Janet Willie (824-3889 or janetwillie@yahoo.com).

Thursday, July 17

Cruise Night; 5:30 p.m., Breau's Too parking lot, Bryant Pond. FMI: 665-2554.

Thursday, Aug. 21

Cruise Night; 5:30 p.m., Breau's Too parking lot, Bryant Pond. FMI: 665-2554.

Thursday, Sept. 18

Cruise Night; 5:30 p.m., Breau's Too parking lot, Bryant Pond. FMI: 665-2554.

MAY 29 2 0 1 4

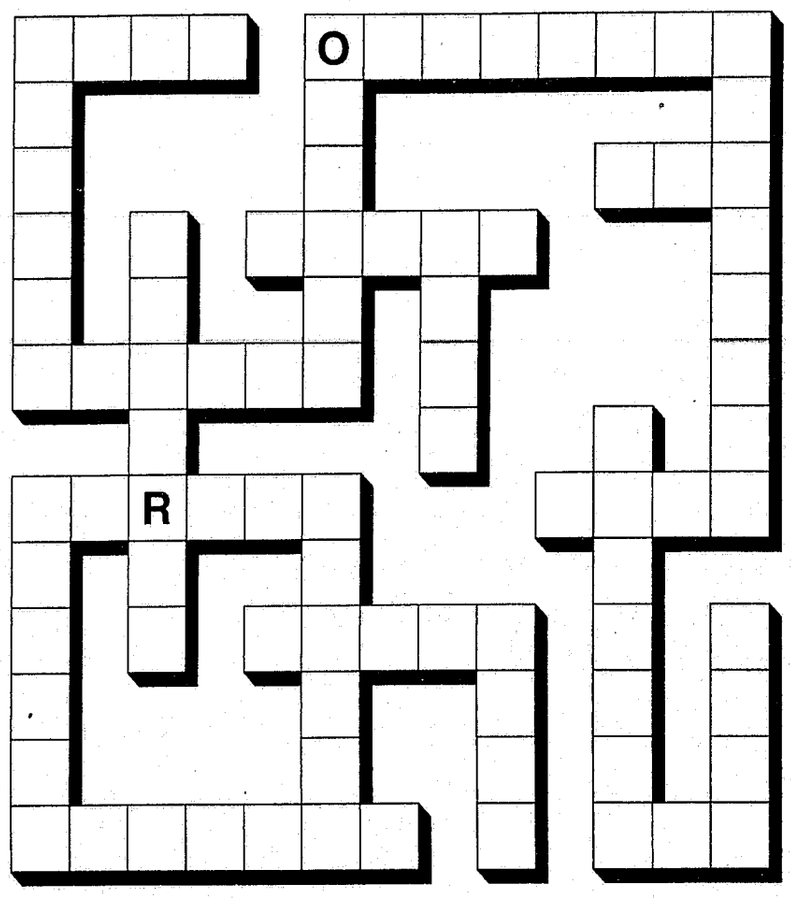
Puzzles4Kids

by Helene Hovanec

CRISSCROSS – "EN" WORDS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

3 Letters
HEN
MEN
4 Letters
DENT
ENVY
MENU
OXEN
TEEN
5 Letters
ENJOY
SPEND
6 Letters
ENOUGH
ENRICH
HAPPEN
LENDER
MENTAL
OPENER
7 Letters
CENTRAL
ENGLISH
HYGIENE
8 Letters
OINTMENT
TENDERLY

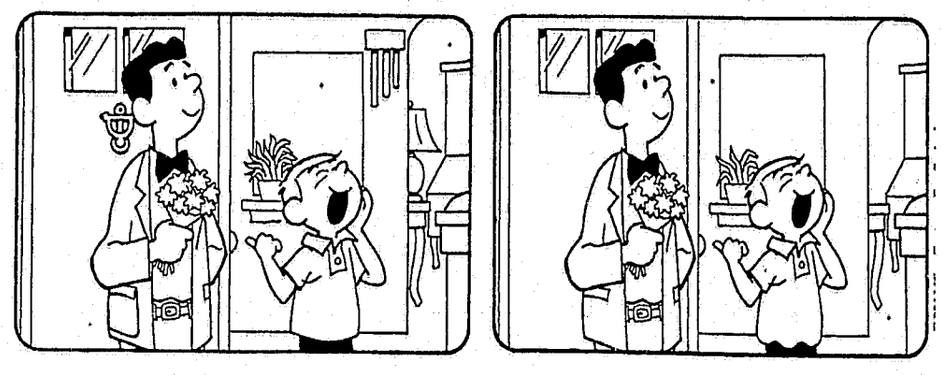


For more puzzle fun, go to www.www.brainzzles.com

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences:
1. Door knocker is missing. 2. Pocket is missing. 3. Plant is different. 4. Shirt is different. 5. Chimes are missing. 6. Lamp is missing.

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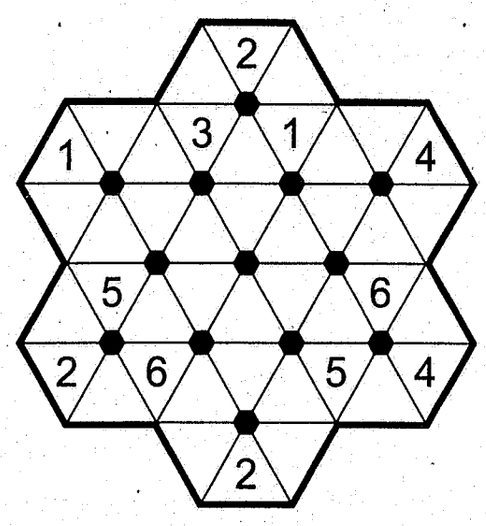
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the number 1-6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

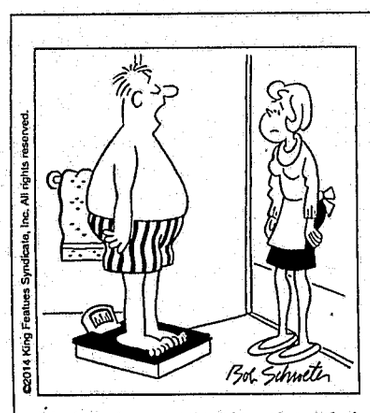
Rald
CATKAT

Impose
CLIFTIN

Crumb
PARCS

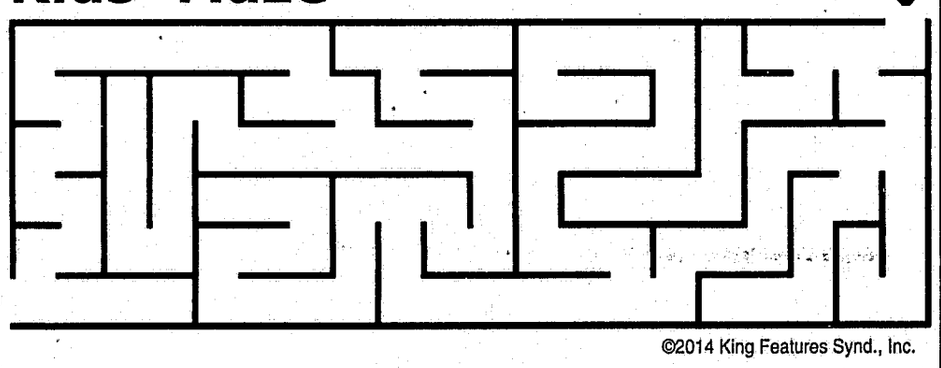
Mislead
DUELED

TODAY'S WORD



"You're lucky... you don't know how it feels to be _____ to look!"

Kids' Maze



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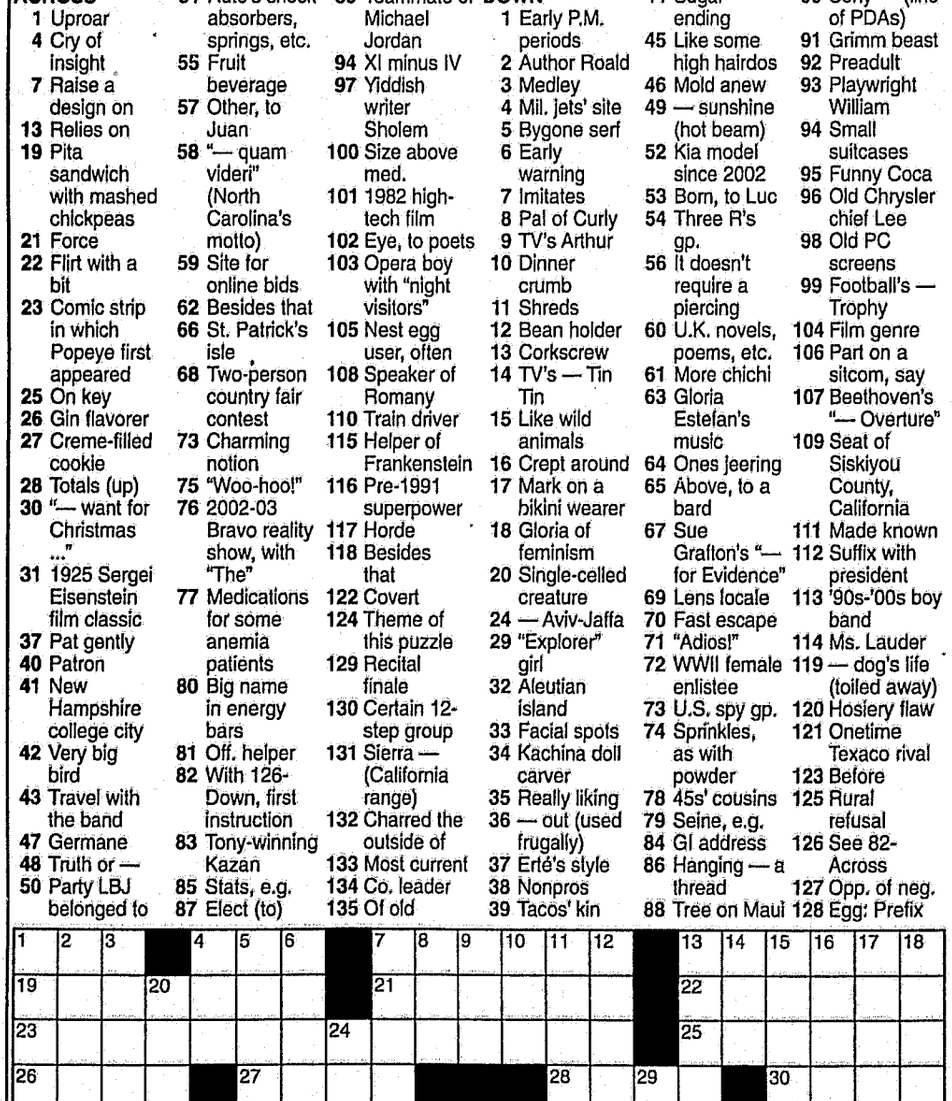
Super Crossword

MOVING AROUND THE BOARD

ACROSS
1 Uproar
4 Cry of insight
7 Raise a design on
13 Relies on
19 Pita sandwich with mashed chickpeas
21 Force
22 Flirt with a bit
23 Comic strip in which Popeye first appeared
25 On key
26 Gin flavorer
27 Creme-filled cookie
28 Totals (up)
30 "— want for Christmas ..."
31 1925 Sergei Eisenstein film classic
37 Pat gently
40 Patron
41 New Hampshire college city
42 Very big bird
43 Travel with the band
47 Germane
48 Truth or —
50 Party LBJ belonged to
51 Auto's shock absorbers, springs, etc.
55 Fruit beverage
57 Other, to Juan
58 "— quam videri" (North Carolina's motto)
59 Site for online bids
62 Besides that
66 St. Patrick's isle
68 Two-person country fair contest
73 Charming notion
75 "Woo-hoo!"
76 2002-03 Bravo reality show, with "The"
77 Medications for some anemia patients
80 Big name in energy bars
81 Off. helper
82 With 126-Down, first instruction
83 Tony-winning Kazan
85 Stats, e.g.
87 Elect (to)
89 Teammate of Michael Jordan
94 XI minus IV
97 Yiddish writer Sholem
100 Size above med.
101 1982 high-tech film
102 Eye, to poets
103 Opera boy with "night visitors"
105 Nest egg user, often
108 Speaker of Romany
110 Train driver
115 Helper of Frankenstein
116 Pre-1991 superpower
117 Horde
118 Besides that
122 Covert
124 Theme of this puzzle
129 Recital finale
130 Certain 12-step group
131 Sierra — (California range)
132 Charred the outside of
133 Most current
134 Co. leader
135 Of old

DOWN
1 Early P.M. periods
2 Author Roald
3 Medley
4 Mil. jets' site
5 Bygone serf
6 Early warning
7 Imitates
8 Pal of Curly
9 TV's Arthur
10 Dinner crumb
11 Shreds
12 Bean holder
13 Corkscrew
14 TV's — Tin Tin
15 Like wild animals
16 Crept around
17 Mark on a bikini wearer
18 Gloria of feminism
20 Single-celled creature
24 — Aviv-Jaffa
29 "Explorer" girl
32 Aleutian island
33 Facial spots
34 Kachina doll carver
35 Really liking
36 — out (used frugally)
37 Erté's style
38 Nonpros
39 Tacos' kin
44 Sugar ending
45 Like some high hairdos
46 Mold anew
49 — sunshine (hot beam)
52 Kia model since 2002
53 Born, to Luc
54 Three R's gp.
56 It doesn't require a piercing
60 U.K. novels, poems, etc.
61 More chichi
63 Gloria Estefan's music
64 Ones jeering
65 Above, to a bard
67 Sue Grafton's "— for Evidence"
69 Lens locale
70 Fast escape
71 "Adios!"
72 WWII female enlistee
73 U.S. spy gp.
74 Sprinkles, as with powder
78 45s' cousins
79 Seine, e.g.
84 GI address
86 Hanging — a thread
88 Tree on Maui
90 Sony — (line of PDAs)
91 Grimm beast
92 Preadult
93 Playwright William
94 Small suitcases
95 Funny Coca
96 Old Chrysler chief Lee
98 Old PC screens
99 Football's — Trophy
104 Film genre
106 Part on a sitcom, say
107 Beethoven's "— Overture"
109 Seat of Siskiyou County, California
111 Made known
112 Suffix with president
113 '90s-'00s boy band
114 Ms. Lauder
119 — dog's life (toiled away)
120 Hosiery flaw
121 Onetime Texaco rival
123 Before
125 Rural refusal
126 See 82-Across
127 Opp. of neg.
128 Egg: Prefix



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Star★Map

By Linda Thistle

Draw a star in exactly 10 of the empty squares in the diagram so that each numbered square accurately indicates how many immediately adjacent squares (horizontally, vertically or diagonally) contain a star.

1		2		3	1	
	2					
	3		2	1		1
2	3		3			
					2	

DIFFICULTY: ★

★Easy ★★Moderate ★★★YOWZA!

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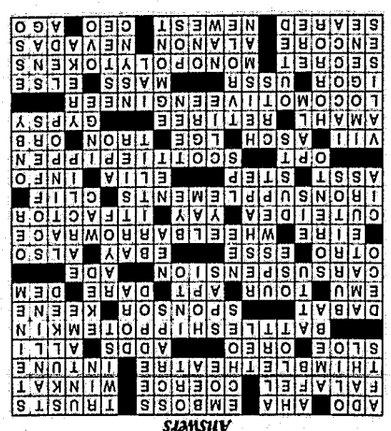
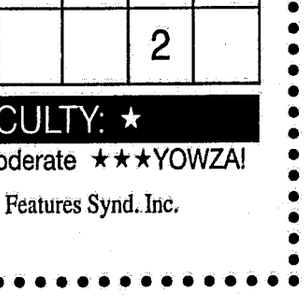
ANSWERS:

Kids' Maze solution

SCRAMBLERS solution
Today's Word: AFRAID
1. Attack; 2. Inflict; 3. Scrap; 4. Delude

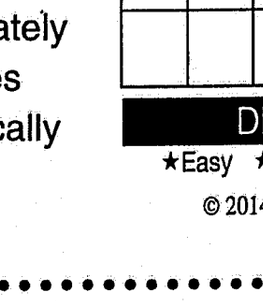


Super Crossword Answers

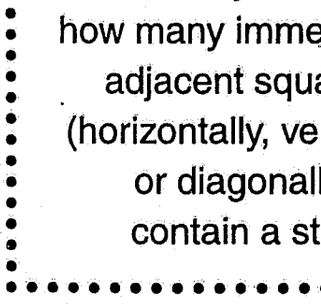


Star★Map solution

SNOWFLAKES solution



Puzzles4Kids Answer



MAY 29 2014

MollyOckett Days offer best of past, present, future

The Town of Bethel will be bustling with its largest and most traditional community festival on July 19 and 20. The organizer, the Bethel Area Chamber of Commerce, has finalized the schedule for the two days – which commemorates Bethel's past, its vibrant present and the ongoing work of area businesses and organizations to create a promising future! As has become custom, a theme is established that can be tied to float design in the kick-off parade, held Saturday morning at 10 a.m. That theme is "Homecoming" with the intention to build the bridge between the festival as the traditional town homecoming 'event, and the fact that MollyOckett Day has provided the platform for the renewal of our relationship with the traditions of the Native American cultural history of this region.

The festivities on Saturday include a Parade; artists and artisans; Native American basketry, demonstrations, product displays and music; an array of food items; the Mahoosuc Arts Council's annual ARTirondack chair auction; a North American wildlife encounter live animal show; a frog jumping contest; numerous activities provided by area non-profit organizations; a fiddler's jamboree; an evening two-hour band concert featuring "Crime Scene" a classic rock band "with a twist" and fireworks.

Sunday's events include early morning running and walking events for all ages: a Diaper Dash for infants and toddlers, a one-mile event for children up to age 14, a 2.5 mile "open" walking event and a five mile road race. A Tubing and Treasure Scavenger Hunt held at Bethel Outdoor Adventure and Campground rounds out the festival on Sunday. A complete schedule, vendor applications, and applications for the Sunday events can be found online at the event website, www.mollyockettdays.com.

As is the case with all events, the support and generosity of numerous sponsors and donors is what makes it possible! Mahoosuc Realty & Rentals is the event's Presenting Sponsor this year. A collaborative grant between the Mahoosuc Arts Council and the Chamber was provided by the Maine Community Foundation's Expansion Arts Fund and has made possible the Native American Cultural presence. Event and Entertainment Sponsors include TransCanada, Pepsi Beverages Company, Northeast Bank, the Towns of Bethel, Greenwood, Newry and Woodstock, Community Energy, Dead River Company, and River View Resort. The children's entertainment has been made possible by Nadeau Development, the Rotary Club of Bethel and The Bethel Inn Resort. The MollyOckett Essay Challenge grants are being provided by the Maine Mineral & Gem Museum. The Sunday road race event sponsors include DuraLife Decking, Stephens Memorial Hospital, Bethel Family Health Center, River Valley Healthy Communities Coalition, Bennett Automotive, and All Doyles Cleaning Service.

We are still seeking fireworks sponsors! A donation of any amount is appreciated and can be mailed to the Chamber at PO Box 1247, Bethel, Maine 04217. Please mark the check "fireworks fund." Thanks to the following who have sent support to date: Franklin Savings Bank, Pooh Corner Farm, Sunday River Rentals, Good Food Store & Smokin' Good BBQ, as well as the area towns.

Executive Director Robin Zinchuk promised "This will be a weekend filled with an enormous amount of great fun, interesting exhibits, healthy competitions and a chance to connect with community organizations and area businesses! Come one, come all!"

Your Guide to Area Services

AUTO REPAIR

Berlin City Collision Center
545 Main Street
Gorham, NH
1-800-795-2438 x314911
Rhino Lining
Oil Undercoating
Paintless Dent Repair
Free Estimates
Rentals on Site
Pick up & delivery
Service for repair appointments.
Work with all Insurance Companies
Berlin City Auto Group = easy

BOOKKEEPING

BLUE STAR BOOKKEEPING
Lynn Wilson
20+ Years Experience
Daily-Weekly-Monthly
207-357-2692
bluestarbookkeeping@yahoo.com

CARPENTRY

CARPENTRY
Dale W. Buck
New Construction
Remodeling, Cabinetry
(207) 357-3840 • 42 Vernon St., Bethel

Davis Mountain Builders
Carpentry & General Contracting
MIL-TBP-41 compliant
Kevin LaRue
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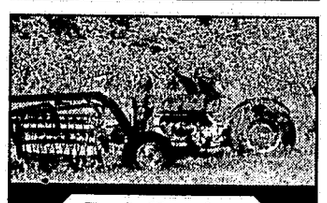
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Town of Woodstock is soliciting bids for lawn mowing work in the town. Bid packets can be obtained at the Woodstock Town Office. Bids will be accepted till June 3, 2014 till 3:00PM.

Questions about the project can be directed to Vern Maxfield Town Manager at the Woodstock Town Office.

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SOLICITATION FOR ROOF REPAIRWORK
M.S.A.D. #44 is soliciting bids for roof repair work in the district. Bid packets can be obtained at the district's Transportation Garage at 197 Main Street Bethel ME. 04217. Bids will be accepted until June 18, 2014 till 3:00PM.
Questions about the project can be directed to Ronald Deegan the Transportation/Buildings & Grounds Supervisor at 197 Main Street Bethel ME. 04217. Awarding of project is contingent upon district budget approval.
M.S.A.D. #44 is an EOE (Equal Opportunity Employer)

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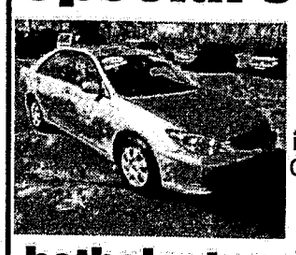
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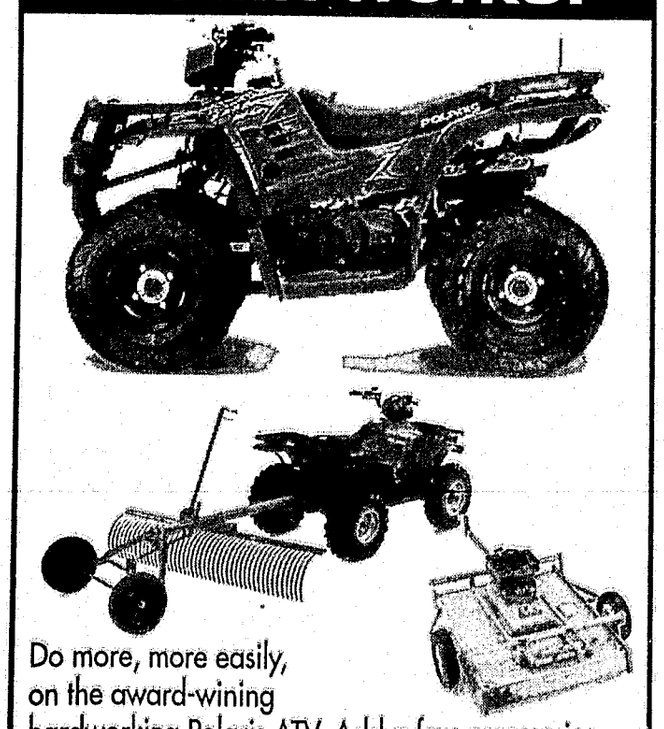
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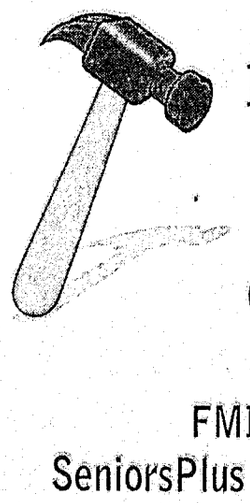
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MAY 29 2014

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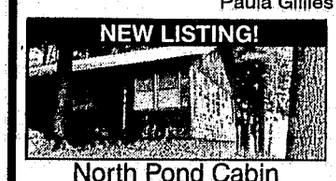

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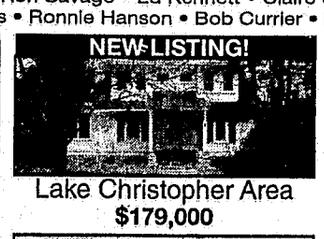
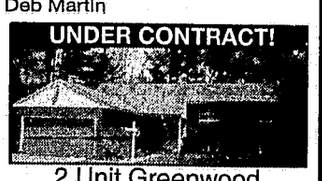
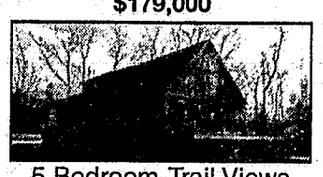


Lake Christopher Area
$179,000

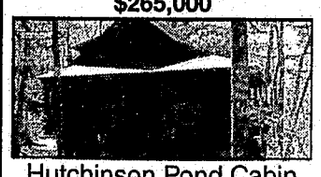


2 Unit Greenwood
$99,900

Haley Lane Chalet-Private
$265,000


5 Bedroom-Trail Views
$419,000

South Pond Shores
$299,000


Hutchinson Pond Cabin
$339,000

Riverfront Chalet-New!
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Beach Access
$384,900

Birch Woods Cabin
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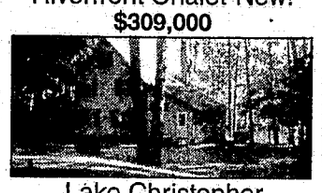
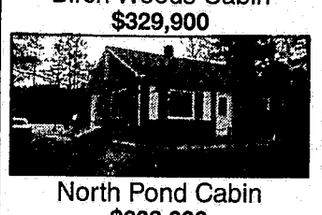

Lake Christopher
$479,000

Get-A-Way Cabin
$125,000


North Pond Cabin
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New Chalet!
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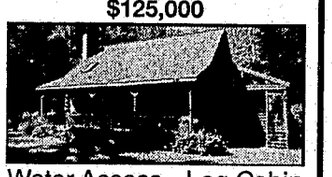
Water Access - Log Cabin
$259,000

Condominiums

TWITCHELL BROOK CONDO #1 3bed/2+bath, spacious, fireplace, garage,	$279,900
POWDER RIDGE #41 3bed/2bath, immaculate, views, fireplace, furnished	$239,000
BETHEL INN CONDO #522 2 bed/2 bath, lock-out unit, 11th hole	$185,000
CHAMBERLAIN CONDO #33A 2bed/1bath, renovated, minutes to the mountain	$149,500
EDEN RIDGE TOWNHOUSES fireplace, balcony, views, close to town	$179,000+
CASCADES C1 1bed/1bath, top floor-end unit, ski in/out, upgrades	$129,900
FALL LINE N109 1bed/1bath, remodeled, lower level, ski in/out	$129,900
PARK STREET CONDO #4 2bed/1bath, quality finishes, in town	$89,000
OPERA HOUSE #24 1bed/1bath, full kitchen, village area	$59,000

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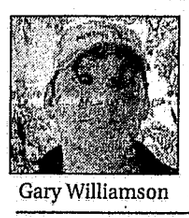
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BETHEL
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Sat, May 31 • 8-3
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M.S.A.D. #44 is currently looking for substitute school bus drivers.

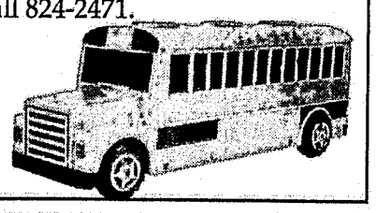
The successful candidates should be responsible, caring and positive team players who possess a high school diploma or equivalent, a clean driving record for the last 3 years and the ability to work in a flexible and challenging environment. A criminal history records check will be completed on all applicants.

Preference will be given to candidates who possess a valid Maine CDL with an "S/P" endorsement but training for that license may also be available.

The successful candidates will work only during the normal school year calendar.

For further information about the duties of an on-call school bus driver, please see Ronnie Deegan at the school bus transportation garage on 197 Main Street Bethel ME or call 824-2471.

M.S.A.D. #44 is an equal opportunity employer.



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CommunityConcepts

Program Manager – Children's Services
South Paris

Our Children's Services department is excited to announce an opening on its Senior Management Team. The **Program Manager** position provides leadership, management and coordination of program operational services. This position requires a high level of discretion and independent decision making. The position is responsible for monitoring program compliance to ensure high quality service delivery and supervision of site based staff at assigned locations. The Program Manager also serves as an advocate for children and families in local communities. Regular travel to multiple Children's Services locations in Franklin and Oxford counties and occasional statewide travel is required. Currently, this is a full-time, year round position, 40 hours/52 week. This position is located in South Paris office.

To Qualify: Associates Degree in Child Development, Early Childhood Education, Social Work, Community Health or other closely related field required. A Bachelor's degree is preferred. Minimum of 5 years experience in the field of early care and education and a minimum of 3 years supervision preferred. Successful candidates must possess excellent communication skills and the ability to lead and motivate others. Must have a valid driver's license and automobile with liability insurance; must have a telephone. A physical exam and TB screening must be completed after offer. SBI, DHHS and DMV background checks are completed prior to hire.

Community Concepts offers a comprehensive benefits package. For more information please visit www.community-concepts.org.

To Apply: Interested, qualified applicants must submit a cover letter, resume, and Community Concepts' Application for Employment (available on our website and all of our business sites). For specific information about the job, call Tina Llimatta at 890-2107 or email tllimatta@community-concepts.org.

Send all 3 required items to:

Community Concepts, Inc.
Attn: Barbara Bishop, Human Resources
240 Bates St., Lewiston ME 04240

Community Concepts, Inc. is an Equal Opportunity Employer. Please request any necessary accommodations to participate in the application process.

Notice of Tax Sale

The Board of Selectmen of the Town of Upton, Maine is accepting bids for the purchase of the municipality's interest in one tax-acquired property. The bids must be in writing and in a sealed envelope marked "Tax Sale Bid" on the outside. The Upton Board of Selectmen must receive all bids not later than 7 o'clock p.m. on June 10, 2014. Late bids will not be opened or considered.

Each bid must include the bidder's name, mailing address and phone number and must be accompanied by a deposit in the form of a certified check or money order in an amount equal to or greater than 10% of the bid price offered for the parcel. Deposits will be returned to the unsuccessful bidders after the conveyance of the property to the successful bidder. Any bid that does not contain the proper deposit will be rejected.

Bids will be opened, reviewed and awarded by the Selectmen at the Town Office on June 10, 2014 at 7:05 p.m. The Board of Selectmen reserves the right to reject any and all bids.

The successful bidder shall have 30 days from the date of the bid acceptance in which to complete the purchase in the form of cash, certified check or money order. The property will be conveyed by a quitclaim deed without covenants.

In the event that the successful bidder fails, for any reason, to complete the purchase in the time stated, the bid acceptance is void and the bidder's deposit shall be forfeited to the Town. The Board of Selectmen may thereafter negotiate a sale of the property with any or all unsuccessful bidders.

The property for sale as described on the Town Tax Maps: Map 2, Lot 28 is about 1/3 acre. The tax maps and other public information concerning this property may be reviewed at the Town Office during its normal business hours, which are 8 o'clock a.m. to 10 o'clock a.m. on Tuesdays and 7 o'clock p.m. to 9 o'clock p.m. on Thursdays or call 207-533-2131. The bids may be dropped off at the Upton Town Office or mailed to 270 Thistle St, Upton, ME 04261.

Robert Pepler
Chairman, Board of Selectmen
Town of Upton, ME

Obituaries

ELEANOR M. BEAN FRECHETTE

Eleanor M. Bean Frechette, 86, of South Paris died Tuesday morning, May 20 at Market Square Health Care Center with her family by her side.

She was born the 13th child of Leslie and Maude Emery Kimball of Albany on April 16, 1928.

She worked at the Evans Notch Cottages and the corn shops when she was young. Then on Sept. 6, 1947 she married Stanley R. Bean. They worked on a farm in West Gorham for Owen Martin. They sang on the radio in Rumford with Cack Bean and Bob Tiff and were called the Prairie Sweethearts. They moved to East Stoneham and Stan worked for Dwight Grover. While working for Dwight they moved to North Waterford. They then moved to Lovell and then moved to a farm in Bowdoin where Stan passed away on April 14, 1959. Mom had a little girl 9 years old and little boy 2 years old. It was a very difficult time for her but she made sure we had what we needed. I think she even stretched that dollar bill to pay for everything.

Mom then moved back to Albany until 1963 when she moved to South Paris, where she met and fell in love with Edward Frechette. They were married on July 20, 1968 in Norway. Mom did the bookkeeping for the business, Frechette Excavating. Her son Mark worked with them and their grandchildren enjoyed many years of helping build roads and bridges for the National Forest. They would play board games and card games in the evenings. They loved to travel with their motorhome and traveled to a lot of states in the USA. We had a lot of fun with Uncle Cack, Cack, Jr., Chuck, Doug, John, Gary and family playing and picking music on the deck at Butch and Betty's house, at Becky's house and at Chuck's house. She enjoyed doing scrapbooking, cutting out newspaper articles and making scrapbooks. They enjoyed doing plastic canvas. She worried about everything.

Edward passed away on June 17, 2002. She missed Ed just as much as the day that he died. Eleanor was a member of the Grace Fellowship Church in Oxford. She was a member of the American Legion Auxiliary in Bethel. They were Fireside Friends (Good Sam Club), AARP, Christian Women's United, and enjoyed the Triad program at the Fryeburg fairgrounds and Beano at Wal-Mart that she missed when they stopped having it. Survivors include a daughter and her husband Elizabeth and Charles Larson; a son and his wife Mark and Sally Bean; a son and his wife Edward and Lisa Brackett; a daughter Paula Lovell; grandchildren, Stan Larson and friend Mary Britton, Brett and Jeanie Larson, Lynn Larson, Cassie and Matthew Frost, Edward Jr., Tristin, Desiree and Brittany Brackett, Tyrell and Oriana Lovell; great grandchildren, Jason, Anika, Allen, Charlie, Erykah, Sasha, Jessykah Larson, Sierria and Tristian Clark and Lucy and Christopher Frost; a sister-in-law, Evelyn Kimball; a brother-in-law, Carroll "Cack" Bean; and many dear niece and nephews. Dear friends that sent her many cards while in the nursing home. She was predeceased by her brothers Ralph, Arthur, Clarence and Lawrence Kimball; and sisters, Eva Barker, Mildred Bennett, Florence Graves, Helen Jewell and Merlie Stone. Online condolences may be shared with her family at www.chandlerfunerals.com.

A memorial service will be held on Sunday, June 1 at 1 p.m. at the Grace Fellowship Church in Oxford with interment at 2:30 p.m. at Songo Pond Cemetery in Albany. Arrangements are under the direction of Chandler Funeral Homes & Cremation Service, 45 Main Street, South Paris.

JEREMY L. COWIN

Jeremy Lee Cowin, 32, of Lewiston died unexpectedly of natural causes in his home.

He was born on Aug. 20, 1981 in Aurora, Colo. to Fred and Debra Cowin. Jeremy grew up in the Berkshires of Mass. and Bethel where he graduated from Gould Academy. He loved his family, skiing and art. Jeremy touched the lives of many through his art, often giving away portraits or paintings. In recent years many of his paintings were sold and his career in the art world had begun in earnest.

In addition to his parents, Fred and Debra of Newry, he is survived by his brother Spencer Cowin of York, sister Tara Cowin of Greenville, and sister Shelby Cowin of Newry. He also leaves behind his niece Georgia Madison Gray and grandparents Fred and Phyllis Cowin.

A Memorial Service will be held at 11 a.m. on May 31 at the Bethel Alliance Church, 251 Walkers Mills Road, Bethel. Should friends desire, donations in Jeremy's name can be made to the Shalom House in Portland, at shalomhouseinc.org.

JUANITA HAINES

Juanita (Polly) Haines entered into the presence of her Lord and Savior on Wednesday, May 21, with her family by her side at the Hospice House after a brief period of declining health. She was born Feb. 15, 1942 to Blanche and Ralph Hatstat and spoke often of the fond memories of being raised by Clarence McAlister. On June 6, 1964 she married her soul mate Gilbert Haines at Center Lovell Church. Together they raised two daughters, Jody and Louise.

An extremely hard worker she worked 9 years at Newton and Tibbetts Dowel Mill, and several years as a babysitter for friends in the community. She retired from SAD 44 Food Service having worked 12 years at Telstar High School and 20 years at Crescent Park Elementary School. During her many years in the school district she was very proud that she served as shop steward. An incessant cleaner, her home was always immaculate both inside and out. She was a past recipient of the Chamber of Commerce Education award and the Food Service State Employee award.

After moving to West Bethel in 1966 she joined the West Bethel Union Church and was an active member of the Ladies Aid. She led various youth groups and taught Sunday school. Mom loved to dance and was obsessed over everyone else's happiness, many times at the expense of her own. She loved her one and only granddaughter fiercely. A great lady with a great smile, she was loved and respected by everyone that she met, she will be deeply missed.

She is survived by daughter Jody Deegan and her husband Edward of Hebron; daughter Louise Erskine of Portland and her daughter Morgan of Florida; fiancé Chris Wallace of West Bethel; sister Louise Willey; brother Erlon Hatstat; several nieces and nephews and countless friends. She was predeceased by her husband Gilbert; her parents; four brothers; and two sisters. Rest in peace Mom...until we meet again.

Online condolences may be shared with her family at www.oxfordhillsfuneralservices.com.

Memorial services will be held on Saturday, May 31 at 3 p.m. at West Bethel Union Church. Family and friends may attend visitation on Tuesday, May 27 from 4 to 7 p.m. at Oxford Hills Funeral Services, 1037 Main Sreet, Oxford. In lieu of flowers donations in her memory may be made to the American Liver Foundation, 39 Broadway, Suite 2700, New York, N.Y. 10006.

Graveside Service

RUEL E. SWAIN, SR. SERVICES

Graveside services for Ruel E. Swain, Sr. will be held on Saturday, May 31 at 2 p.m. at the Pine Grove Cemetery in West Bethel. Arrangements are under the care of Chandler Funeral Homes & Cremation Service, 37 Vernon Street, Bethel.

Engagement

Cummings-Sweeney

Daniel and Betsey Cummings of South Portland are pleased to announce the engagement of their daughter, Carly Helen Cummings to Stephen Clinton Sweeney, son of Bonnie Sweeney and John and Mary Sweeney, all of Harvard, Mass.

The Bride's grandparents are Helen Cummings of Bethel and Sterling and Irene Mills of Bryant Pond.

Carly graduated from South Portland High School in 2006, and received her B.A. in English and Studio Arts in 2010 from Hobart and William Smith Colleges in Geneva, N.Y. Carly graduated with an MFA in Painting and Drawing from the University of Washington in 2013. Carly has been showing her art in Maine and Massachusetts. She also teaches Art Appreciation at Le Cordon Bleu cooking school in Cambridge, Mass. Stephen graduated from Bromfield School in Harvard, Mass. in 2006 and received his B.S. in Economics and History from Hobart and William Smith in 2010 and is a Financial Software Consultant at Varden Technologies in Boston, Mass.

The couple will be married at Mountain House on Sunday River on Oct. 11, 2014.

College graduates

DR. ERIN FORBES

Dr. Erin Forbes of Hanover graduated from The Atlantic Veterinary College at the University Of Prince Edward Island, May 10, following the "White Coat Ceremony" the evening before where she was awarded the "American Association Of Feline Practitioners Outstanding Senior Student Award." The award is given in recognition of dedication to and excellence in the study of Feline Medicine and Surgery.

Erin is a daughter of Michael and Maryanne Forbes also of Hanover. She is an alumnus of Gould Academy and St. Anselm's College. She will start her career as an associate veterinarian at Mt. View Animal Hospital in Burlington, Vt., in June.

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